



Child Care newsletter

The Importance of Immunizations

By Bobbi Krob

Often times, parents and child care providers ask themselves, "Why is it so important for children to have their immunizations current?"

Without these immunizations at an early age, a resurgence of epidemics of some very serious illnesses could occur. Examples of such illnesses are Polio, Hepatitis A and B, Measles, and Mumps. Some of these illnesses, if contracted, could affect a child for the rest of their life. By making sure that the children in your care have up-to-date immunizations, you are protecting the individual child, and other children in your care. The State of Oklahoma has a program called OK BY ONE, which is designed to encourage parents and family members to keep up with their infant's shots. The schedule according to this program is as follows:

At Birth, an infant should receive a Hepatitis B shot.

At two months, an infant should receive Diphtheria, Tetanus, Pertussis, Rotavirus, Polio Haemophilus Influenzae b, Pneumococcal Conjugate vaccine shots.

At four months, should receive Diphtheria, Tetanus, Pertussis, Rotavirus, Polio, Haemophilus Influenzae b, and Pneumococcal Conjugate vaccine shots.

At six months, an infant should receive Hepatitis B, Diphtheria, Tetanus, Pertussis, Rotavirus, Polio, Haemophilus Influenzae b, Pneumococcal Conjugate vaccine shots.

At 12 months, an infant should receive Diphtheria, Tetanus, Pertussis, Haemophilus Influenzae b, Pneumococcal Conjugate, Measles, Mumps, Rubella, Varicella, and Hepatitis A vaccine shots.

For more information, please contact your local Oklahoma State Department

RESOURCE AND REFERRAL ASSOCIATION, INC.

In collaboration with the Oklahoma Child Care Resource and Referral Agency at SOSU, Continuing Education and Choctaw Nation Child Care Assistance

Pine Cone Snow People

Special thanks to H Marie for inspiring this idea!

Materials Needed:

- Pine Cone
- Paint
- 1 inch White Pom-Pom
- 1 inch Red Pom-Pom
- 1/4 Inch Green Pom-Pom
- Orange Pipe Cleaner
- Beads
- Twigs
- Ribbon
- Glue



Instructions:

Paint the pine cone white. This will be your snow person's body. Glue the white pom-pom onto the piny top of the pine cone for your snow person's head. Find two tiny twigs and glue them in place for the snow person's arms. I made my snow person's face using an orange pipe cleaner as the nose, seed beads to form the mouth, and slightly larger beads for the eyes. For the hat, I trimmed one edge of the red pom-pom and glued it on. I make a ball on the red hat with a small, green pom-pom. I wrapped about a 6 inch piece of ribbon around the neck. Get creative and make a variety of snow people for winter decorating. They also make neat Christmas tree decorations and gifts!

<http://familycrafts.about.com/cs/snowpeople/1/blpinecsnowman.htm>

Want Your Info in Our Newsletter?

If you have any important information or exciting news you want to share? If you've received a higher credential or moved up on the Stars Program, please let us know! Call our office @ 888.320.5205 or email information to sreyes@sosu.edu.

Provider Updates

Help us help you! We are required by DHS to update our database at least twice a year. To meet this requirement, please fill out the provider update form in this newsletter, so that we won't have to bother you with phone calls. This helps us better serve you and the families who are looking for child care in your area.

Information we need to know when we call may include: vacancies, rate increases, phone number or address changes. These updates only take 2-3 min-utes to complete. Please help us help you by giving us a few moments of your time when we contact you. Better yet, you could contact us at a more convenient time for you! Just call 1.888.320.5205. or visit our website at www.sosu.edu/childcare and fill out the electronic version.

Check Out Our New Website!

Please visit our new website at www.sosu.edu/childcare! Here you can find resources, training opportunities, the provider update form, upcoming events, and information about our resource library.

EEO Statement

Southeastern Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, sex, age, religion, disability, or status as a veteran in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid, and educational services.

Resource Library

Copies

Family Child Care Homes: If you bring your own paper
100 Free black/ white copies per month
25 Free color copies per month
Child Care Centers: If you bring your own paper
200 Free black/ white copies per month
25 free color copies per month
Additional Copies
Black & White 5 cents per copy
Color 10 cents per copy

Laminating

12 Free feet per month
Additional feet will be charged at 10 cents per foot
Die Cuts
Free only if you bring your own paper
5 cents per sheet of paper if you don't bring your own

Resource Materials

All checked out items **MUST** be returned in **ONE** month! We will send a reminder letter if we have not received the items within the month. There will be a fee of 5 cents per day for each item.

Please check out our Resource Library Inventory, which is now online! If you are unable to visit our office, call or e-mail if you would like to check out items from our library. We will send these items to you and we'll include pre-paid postage so you can send the items back.

ANYONE WHO USES OUR RESOURCE LIBRARY WILL BE OUT IN A MONTHLY DRAWING FOR A CHANCE TO WIN AN ITEM FOR YOUR CHILD CARE FACILITY!

July Winner – Little Red School House, Durant
August Winner – Kiddie Korral, Durant

Need Training?

If you are interested in a Child Abuse Training in your area, please contact Stephanie Reyes @ 1.888.320.5205. This training is great for creating partnerships with parents, in preventing child abuse and neglect. There are sections strictly for directors, which are eligible for Tier II credit.

Extended Hours

Our office is open for extended hours the second Thursday and second Saturday of every month. Please feel free to visit us at these times, we are open for you!

October

Thursday, Oct. 11th 5:00 pm – 8:00 pm

Saturday, Oct. 13th 9:00 am – 12:00 pm

November

Thursday, Nov. 8th 5:00 pm – 8:00 pm

Saturday, Nov. 10th 9:00 am – 12:00 pm

December

Thursday, Dec. 6th 5:00 pm – 8:00 pm

Saturday, Dec. 8th 9:00 am – 12:00 pm

Bryan County Association Meeting

Please join us on Monday, October 8th @ 6:30 pm. We will be meeting with Jay Paul Gumm and John Carey about the importance of child care and the need for a rate increase. Please invite all staff so that we can make a difference!

Need Assistance??

Need assistance with the Environmental Rating Scale, Stars Program, Room Arrangement, and etc? If you need any assistance whatsoever, please let us know!! We will come to your center or home and help you!

Miss Mim's Hair Treatment

This is a safe and effective approach to head lice for children. It is aloe vera based and contains herbs used for centuries to eradicate head lice. There are no harsh chemical pesticides to worry about. It is very easy to use, just shampoo, rinse, and repeat if you like, then towel dry. Next spray Miss Mim's



Next spray Miss Mim's Hair Treatment, leave in, and style as usual. This can be done daily! Parents: If your children are participating in the Choctaw Nation Child Care Assistance Program and you would like to try Miss Mim's Hair Care Products call 1-800-522-6170 and ask for Choctaw Nation Child Care Assistance Program.

Southeastern

OKLAHOMA STATE UNIVERSITY

Child Care Resource and Referral

1405 N. Fourth Ave., PMB 4232

Durant, OK 74701-0609

Non Profit
Organization
U.S. Postage
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Permit No. 117
Durant, OK 74701

Address Service Requested

Southeastern Child Care Resource and Referral @ SOSU, Continuing Education

Vision Statement:

Oklahoma communities support the development and learning of all children.

Mission Statement:

All Oklahoma families have access to quality care and education for their children through community-based resources and referral services.

Call toll free 1-888-320-5205 • www.sosu.edu/childcare • M-F 8:00 am-5:00 pm.

All artwork is property of the artist,
Ruby Bolding and
Choctaw Nation Child Care Assistance

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The resource library will be open the second Saturday of each month from 9 a.m. - 12 noon and second Thursday of each month until 8 p.m.



Choctaw Nation CCA
P.O. Drawer 1210
Durant, OK 74701
1-800-522-6170

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