



Southeastern Child Care Resource & Referral and Choctaw Nation Child Care Assistance

# Child Care Newsletter

November - December 2011

## McAlester Child Care Conference

The second annual McAlester child care conference was held on Saturday, September 17, 2011. There were approximately 87 providers that attended the conference entitled "You don't have to be SUPER to be a child's HERO".

The keynote speaker, Byron Jackson, was spontaneous and fun! A majority of the participants really enjoyed his presentation. He encouraged participants to let loose and have a great time.

Presentations on Trash to Treasures, Moving to Learn, Child Guidance, CECPD and Lesson Planning were offered during afternoon breakouts.

There were many door prizes provided by various organizations and local businesses.



We would like to thank everyone who attended the event and helped in the planning to make this year's conference a huge success!

## CCA's New Location

Choctaw Nation Child Care Assistance is now located at 3710 Choctaw Road, Durant, OK 74701. This location is near the Choctaw Event Center in what used to be Stan's Truck Parts. The mailing address will remain P.O. Box 1210, Durant, OK 74702 and all phone numbers will remain the same.

### CCRR Staff

888.320.5205

- ☺ Stephanie Makke, Coordinator  
580.745.3176 smakke@se.edu
- ☺ Janet Scribner, Referral Specialist  
580.745.3166 jscribner@se.edu
- ☺ Student Worker 580.745.3130

### Choctaw Nation CCA Staff

800.522.6170

- ☺ Marilyn Williams, Director  
Ext. 2438
- ☺ Monona Dill, Assistant Director  
Ext. 2391
- ☺ Laura Matthews, Eligibility  
Coordinator Ext. 2390
- ☺ Charla Carman, Recertification  
Coordinator Ext. 2387
- ☺ Rhonda Vaught, Early Steps to  
Literacy Coordinator  
580-775-3869
- ☺ Pat South, Administrative  
Assistant Ext. 2389
- ☺ Halie Toone Intake Clerk  
Ext.2414
- ☺ Meagan Potter, Training & Events  
Coordinator Ext. 2473
- ☺ Tammy Francis, Monitoring  
Coordinator Ext. 2393

## Local Provider Receives NAFCC Accreditation

Congratulations to Luellen McCleskey, owner of Heaven's Little Angels in Valliant for earning her national accreditation through NAFCC. We would like to recognize Luellen's hard work and dedication to quality child care!



## Inside this Issue

Holiday Craft Ideas	2
CCR&R Lesson Plans	2
Aggression	2
Office Closures	2
Newsletter Reminder	2
Training Opportunities	Insert
Craft Ideas	Insert
CPR/First Aid Trainings	3
Indoor Activities	3
Who Ya Gonna Call?/RL Winners	3

## Holiday Craft Ideas

If you are looking for some holiday craft ideas visit [kidsholidaycrafts.com](http://kidsholidaycrafts.com). Here you can find many craft ideas for almost every holiday imaginable as well as a few seasonal craft ideas. The site has the activities divided up by season then listed under the appropriate holiday. So if you were looking for a Thanksgiving craft idea, you would simply click on fall at the top of the page then look under Thanksgiving. There is also a library section where you can view a few eBooks for free.

Happy Holidays



## Aggression

Aggression in children can take many forms such as hitting, pinching, biting, kicking, name calling, etc. It is natural for a child to feel angry or frustrated, but they have to be taught how to express those feelings appropriately. Here are some tips for dealing with aggressive children:

- Speak to the child about their behavior only after they are calm. When a child is calm they are better able to speak and listen to you rationally.
- Listen to what the child says and acknowledge their feelings.
- Remember it is the behavior that is the issue not the emotion.
- Look for triggers or pattern to the child's behavior. For example, does the child get upset right before naptime or does the behavior usually involve one specific person? Knowing these things can often help lead to a solution.
- Give the child appropriate alternatives for expressing emotion. Ideas for this could be drawing, writing, or talking about it.
- Be an example. Children learn by watching the adults in their lives so model for them appropriate behavior.

## CCR&R Lesson Plans

The year is coming to an end and CCR&R will no longer be sending out the monthly lesson plans. According to feedback, this was a big help to many of you and please remember that we are willing to assist in any way possible. If you have misplaced any of these, please let us know and we'll gladly email or send you another copy!

### Staff Emails

Stephanie - [smakke@se.edu](mailto:smakke@se.edu)

Janet - [jscribner@se.edu](mailto:jscribner@se.edu)

## Holiday Office Closures

### Child Care Assistance

The Choctaw Nation Child Care Assistance office will be closed Thursday, November 24 and Friday, November 25 for the Thanksgiving holiday. We will reopen at 8:00 AM on Monday, November 28. The office will also be closed Friday, December 23 and Monday, December 26.

### Child Care Resource & Referral

CCR&R will be closed Wednesday, November 23 - Friday, November 25 for the Thanksgiving holiday and will reopen on Monday, November 28. The office will also be closed Friday, December 23 - Friday, December 30 and will reopen on Monday, January 2. If you need assistance, please leave a message as we will be checking voicemails and returning phone calls.

## NEWSLETTER REMINDER

The newsletter will ONLY be sent out by email to those who have an email listed in our database. For those who do not have email, you will continue to get a paper copy in the mail. If you would like to continue getting a paper copy, please contact our office.

## CPR/First Aid Trainings

CCA sets up CPR/First Aid trainings at various locations throughout the year. The trainings will be listed on the Training Opportunities insert page. If you meet certain requirements the cost of the training will be FREE. For the training to be free, you have to register and work 30 hours a week or more at a daycare that is contracted with CCA. If you don't meet these requirements the cost is \$30 for each individual to attend.

If you would like to register for one of these trainings please call Meagan Potter at 580-924-8280 ext. 2473 by the registration deadline. If you sign up to attend one of these trainings, please make your best effort to attend as the number in attendance does affect the class. If you are unable to attend please notify Meagan at the above number by 4:30 PM on the date of the registration deadline.

### Indoor Activities

As the weather gets cooler there will be more and more days it will be too cold to go outside. Children still need movement, exercise and daily activity so here are a few ideas:

- Set up an indoor obstacle course.
- Turn on some music and just dance. You can also put on songs that tell you what movements to do or make up your own movements and teach them to the kids.
- Make something with the kids like flubber, rock candy, playdough, or instant snow.
- Play various games with hoola hoops.
- Have a scavenger hunt using items in your classroom.
- Have the kids act out various animals
- Bring some costumes and act out a story

If you need any assistance with indoor activities, please contact the CCR&R office for more ideas, resource books, videos, and much more!

### Resource Library Winners

Each month, anyone who checks out items from our resource library in person or by mail, will be entered into a monthly drawing.

[August Winner](#) ..... [First Christian CDC, Poteau](#)

[September Winner](#) ..... [Kidzkazoo, McAlester](#)

**EEO Statement** Southeastern Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, sex, age, religion, disability, or status as a veteran in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid, and educational services.

### Who You Gonna Call?

**CECPD:** 888-446-7608 [www.cecpd.org](http://www.cecpd.org)

**Reaching for the Stars:** Marchell Newton  
800-884-1534 [Marchell.Newton@okdhs.org](mailto:Marchell.Newton@okdhs.org)

**Scholars for Excellence:**

Gina McPherson 866-343-3881  
[www.okhighered.org/secc](http://www.okhighered.org/secc)

*Murray State* - Heather McClean  
580-371-2371 ext 234

*Carl Albert State College* - Verna Corley  
918-647-1252 [vcorley@carlalbert.edu](mailto:vcorley@carlalbert.edu)

**Warmline:** 888-574-5437



Child Care Resource & Referral  
1405 N. 4th Ave. PMB 4232  
Durant, OK 74701-0609

Address Service Requested

U.S. Postage  
**PAID**  
Permit No. 117  
Durant, OK 74701

*We want to hear from you! If you have exciting news you'd like to share or information to submit, please let us know.*

**Southeastern Child Care Resource and Referral**

Call toll free 1-888-320-5205 • [www.se.edu/childcare](http://www.se.edu/childcare) • M-F 8:00 am-5:00 pm

Mission Statement

All Oklahoma families have access to quality care and education for their children through community based resources and referral services.

**Choctaw Nation Child Care Assistance**

Call toll free 1-800-522-6170 • M-F 8:00 am-4:30 pm

Southeastern CCR&R

1405 N. 4<sup>th</sup> Ave PMB 4232  
Durant, OK 74701  
Phone 1-580-745-3166  
Fax 1-580-745-7452



The resource library at CCRR will be open by appointment (outside regular office hours) when needed.



Choctaw Nation CCA

3710 Choctaw Road  
Durant, OK 74701  
Mailing Address:  
P.O. Box 1210  
Durant, OK  
74702-1210