SYLLABUS
KIN 4842 Psychology of Sport

FACULTY LISTING: Brianna Barry
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Office Hours: 10:00-12:00 Daily or by Appointment

COURSE DESCRIPTION: This is an internet-based course designed to introduce the student to the study of the history and evolution of sports psychology. This course is a study of the history and evolution of sports psychology. The course identifies various personality traits and the impact these traits have on sport performance. Specific traits of aggression, confidence, and anxiety will be investigated. The course also addresses the dynamics involved in the structure of a team.


OPTIONAL MATERIALS: NONE.

TECHNICAL REQUIREMENTS: Available through the Southeastern Online Learning website or visit the following link: Technical Requirements

NETIQUETTE (INTERNET ETIQUETTE): Available through the Southeastern Online Learning website or visit the following link: Netiquette

LIBRARY AND INFORMATION RESOURCES: Available through the Southeastern Online Learning website or visit the following link: Library

COURSE OBJECTIVES:

At the conclusion of the course, the student will:

1. Demonstrate knowledge of the foundations, history, and background, and theories of sport psychology.
2. Demonstrate awareness and demonstrate practical application of various psychological theories of learning, motor skill acquisition and will demonstrate knowledge and application of the relationship of personality characteristics and performance.
3. Apply knowledge regarding the impact of psychological skills training, motivation techniques, goal setting, and team building on performance (positive and negative effects).
4. Demonstrate knowledge of the theories, historical sensitivities, perspectives, and images of sport and movement in society.
5. Demonstrate an ability to utilize various sociological perspectives to analyze the relationship that exists between sport, movement, exercise, and society. The student will address current trends and issues in sport sociology.
ALIGNMENT OF OBJECTIVES WITH LOCAL, STATE, AND OR NATIONAL STANDARDS: NONE.

COURSE SCHEDULE

<table>
<thead>
<tr>
<th>Week beginning</th>
<th>Chapters Covered</th>
<th>Weekly Activities</th>
<th>Quizzes</th>
<th>Due by 11:59pm on</th>
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<tbody>
<tr>
<td>8/20/2018</td>
<td>1 &amp; 2</td>
<td>1A &amp; 1B</td>
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<td>8/31/2018</td>
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<tr>
<td>9/3/2018</td>
<td>5 &amp; 6</td>
<td>3A &amp; 3B</td>
<td>3</td>
<td>9/7/2018</td>
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<tr>
<td>9/10/2018</td>
<td></td>
<td>EXAM #1</td>
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<td>9/16/2018</td>
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<tr>
<td>9/17/2018</td>
<td>7 &amp; 8</td>
<td>4A &amp; 4B</td>
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<td>9/21/2018</td>
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<tr>
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<td>9 &amp; 10</td>
<td>5A &amp; 5B</td>
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<td>6A &amp; 6B</td>
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<td>10/5/2018</td>
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<td>10/8/2018</td>
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<td>EXAM #2</td>
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<tr>
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<td>7A &amp; 7B</td>
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<td>10/19/2018</td>
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<tr>
<td>10/22/2018</td>
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<td>17 &amp; 18</td>
<td>9A &amp; 9B</td>
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<td>11/2/2018</td>
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<td></td>
<td>EXAM #3</td>
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<td>19 &amp; 20</td>
<td>10A &amp; 10B</td>
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<td>11/16/2018</td>
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<td>11/19/2018</td>
<td>Thanksgiving Break</td>
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<tr>
<td>11/26/2018</td>
<td>21 &amp; 22</td>
<td>11A &amp; 11B</td>
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<td>11/30/2018</td>
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<tr>
<td>12/3/2018</td>
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<td>12A &amp; 12B</td>
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<td>12/10/2018</td>
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<td>EXAM #4</td>
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<td>12/14/2018</td>
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</table>

COURSE POLICIES:

1. Attendance: The Registrar’s office defines attendance in online classes as:

   Stopped Attending = Students who were participating online but have stopped submitting any assignments, etc. without contacting/making arrangements with you

   Never Attended = Students who never accessed Backboard to view the course or never completed any assignments that were due for the course

   Excessive Absences = Students who have submitted some work but are infrequent in their participation or late on assignments—leading to a failing grade

2. Late Assignments:

   There will be times during the semester where assignments may be made available for a second time. Any submissions during those times will receive a point lower than they would have received had it been turned in prior to the original due date. For example, a submission that would have received 9 points will now receive 8 points.

   No extra assignments will be given at any time during the semester to “bring up your grade!” Work diligently from the beginning and complete every assignment as if IT is worth extra points that will raise your grade!
Except for extenuating circumstances handled by the instructor on an individual basis, any assignment received after the due date or make up periods will be a zero. For the record...there are very few extenuating circumstances. Excuses such as “The system was down” and “I couldn’t get to a computer” are NOT considered extenuating circumstances. Have a backup plan with at least one alternate location to complete the assignment or take the exam. Don’t wait until the last minute to complete assignments or take exams and you won’t encounter these types of problems.

3. Expectations of Instructor and Students:

Student Expectations of Instructor – Students should expect a timely response to email questions and prompt grading and posting of assignments. Unless an announcement was posted indicating my lack of availability, you should receive a response to your email within 48 hours. If you have not received a response within that time frame, please email again. Grading of and posting of scores for all assignments will be completed before the next assignment is due.

Instructor Expectations of Students – All students are required to produce their own work unless the activity has been designed as a group project. Evidence of cheating will result in at least a zero for that activity. Students are expected to complete all assignments by the due date, attend all face-to-face meetings, participate in class discussions, and when difficulties arise, contact the instructor.

4. Other Course Policies: List any other policies for your course.

The instructor reserves the right to make adjustments to the syllabus and/or grading policy as needed in order to meet the instructional needs and goals of the class. Students will be notified of any adjustments to the syllabus.

There is a Zero-Tolerance Policy concerning Plagiarism and/or duplication of another individual’s work. You will receive a zero and the policy will be enforced under the guidelines of the Academic Honesty Policy for the University. Students are expected to work individually and turn in their own work. Any violation of academic honesty will be reported to the Office of Student Affairs. The policies regarding academic misconduct are set forth in the institution’s Student Code of Responsibilities and Conduct and are listed below:

ACADEMIC DISHONESTY:

- Academic dishonesty is not condoned nor tolerated in the Health, Physical Education, and Recreation Department at Southeastern Oklahoma State University. Academic dishonesty includes but is not limited to:
  - Plagiarism – taking credit for someone else’s work; presenting another’s work as your own. Credit the whole of the work that is someone else’s effort. Also, even when you paraphrase someone else’s words, ideas, and efforts, you must give credit to said person.
  - Collaborating on Out-of-Class Assignments without Permission – submitting work as though you are solely responsible when in actuality the work was a result of a joint effort.
  - Assisting Another Person in an Academically Dishonest Endeavor – failing to prevent another from misusing your work. Efforts must be made to prevent the copying of your work or plagiarizing of your words.

Plagiarism/duplication of another individual’s work will earn you a grade of zero, and will be enforced under the guidelines of the Academic Honesty Policy for the School of Education and Behavioral Sciences. Bottom line – DON’T DO IT!
This syllabus should not be construed as a contract between the student and instructor. It may be changed at any time as needed in order to meet the instructional goals and needs of the class, including changes in the grading policy described above. Students will be notified if such adjustments need to be made.

**COURSE REQUIREMENTS:**

All assignments, quizzes, exams, and power points, will be made available at 8:00 AM on the first day of classes, and will remain available until 11:59 PM on the stated due-date. Graded activities such as quizzes, exams, projects, and homework assignments must be submitted to the instructor electronically by the due dates/times. The due dates for assignments will be determined when the assignment is posted, so please pay close attention.

All assignments will be sent electronically to the instructor via Blackboard. Keep a backup copy of all completed assignments. Graded assignments may or may not be returned, but your instructor will keep all graded assignments on file. Until your instructor posts your grade for an assignment, electronically submitted assignments will have an exclamation mark indicating that you submitted something for that assignment. Please check your grades regularly and stay in touch with me concerning submitted assignments that are not reflected in your grades.

**Approximate Time Required for Individual Activities:**

This course will be conducted by using the text and answering review questions to demonstrate an understanding and practical application of the material presented. Each weekly assignment should be treated as a regular in-person class, so plan for 2-6 hours per assignment for full completion.

**Expectations for Communications:**

Student participation is critical to the success of this class. To be a successful online learner, you must be highly self-motivated. You will be graded on your timeliness of submitting homework, email responses, etc. Blackboard automatically tracks and records every click, including your name! I can see if and when you logged on, the date and time of day you logged on, and even what you accessed once you logged on! This is one way I can determine whether or not you participated in the assignment

**Activity and Other Assignment Expectations:**

Weekly assignments will be posted by 8:00a.m. in correspondence to the week the assignments are due. Complete assignments must be submitted by 11:59pm on the due date listed.

**Survey Expectations: NONE.**

**Other Course Requirements: NONE.**

**ASSESSMENT (GRADING SYSTEM):** The grade for each student is based on Weekly Chapter Activities, Weekly Quizzes and 4 Exams. Submissions will be scored using a criterion checklist based on the Rubrics provided in the Course Documents Section of Blackboard. The final grade will be cumulative of all points earned on assignments in class.

1. Chapter Activities – Each Chapter Review is worth 10 points, for a total of 240 points.
2. Weekly Quizzes – There will be 12 Weekly Quizzes that will be based on the chapters discussed that week in class. Each quiz will be worth 10 points, for a total of 120 points.
3. Exams – There will be 4 exams of 60 questions each. Each exam is worth 100 points, for a total of 400 points.

The grading scale for this course is determined by dividing total points earned by total points possible:

90% - 100% = A

80% - 89% = B

70% - 79% = C

60% - 69% = D

Below 60% = F

UNIVERSITY AND SCHOOL POLICIES:

Privacy: Available in the SE Student Handbook.

Academic Integrity: Available in the SE Student Handbook.

Counseling Center: Any student experiencing mental or emotional issues who desires free, confidential, clinical counseling is encouraged to contact the SE Counseling Center at (580) 745-2988 to schedule an appointment during normal working hours Monday-Friday, 8:00AM to 5:00PM. For after-hours mental health emergencies, please call SE Campus Police at (580) 745-2911 or the Mental Health Crisis Hotline at 1- (800) 522-1090.

Disability Accommodations: Any student needing special accommodations due to a disability should contact the Office of Compliance and Safety, Administration Building, Suite 311 or call (580) 745-3090 (TDD# 745–2704). It is the responsibility of each student who anticipates or experiences barriers to their academic experience to make an official request for disability related accommodations in a timely manner.

Equity and Non-Discrimination Statement: Southeastern Oklahoma State University, in compliance with all applicable federal and state laws and regulations, does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, sexual orientation, gender identity, or status as a veteran in any of its policies, practices, procedures, or programs. This includes, but is not limited to: admissions, employment, financial aid, and educational services. Inquiries regarding non-discrimination and equity policies may be directed to: Michael Davis, Director of Compliance and Safety & Title IX Coordinator, (580) 745-3090, or mdavis@se.edu.

The UNIVERSITY CALENDAR is available at www.se.edu/registrar/calendar.