

# Southeastern Extended



## *Extending the future of Southeastern*

Welcome to the Southeastern: Extended Newsletter! This is *your* monthly resource to find ways to support the students in your life. Southeastern: Extended is here to provide you with answers to any questions you may have about Southeastern's resources, programs, activities, and other useful technologies your students may need. Whether you are a parent, spouse, friend, faculty, or even fellow student, your support is invaluable to your student's success, and you are greatly appreciated. If there is anything you would like to ask questions about, or topics you would like to be included in next month's newsletter, feel free to let us know!

Thank you for your support!



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# Top Ten Gift Ideas for Students

Deciding what to get your student for the holidays can be difficult. With so many colorful products in stores, the choices can be overwhelming. We've compiled a top ten list of some of the best gifts to get students this holiday season.

## Top Ten Best Gifts:

### Bare Necessities

- ~Laundry Detergent
- ~Shampoo/Body Wash
- ~Gas Gift Cards
- ~Fast Food Gift Cards
- ~Mattress Pads
- ~Bedding
- ~School Supplies
- ~Non-Perishable Food Items
- ~Toilet Paper

### Happy Extras

- ~Hulu/Netflix Subscription
- ~Desktop TV
- ~Nintendo Switch
- ~Adobe CC Subscription
- ~Fujifilm instax mini 9
- ~Clothing Gift Card
- ~A do-my-laundry coupon
- ~STEAM Gift Card
- ~Laptop

***\*\*Note: Chromebooks are not compatible with Respondus***



### Stocking Stuffer Ideas:

- ~Phone Chargers
- ~Headphones
- ~Popsockets
- ~Socks
- ~Deodorant
- ~Feminine Products
- ~Sanitizer
- ~Scotch Tape
- ~Toothpaste
- ~Toothbrush
- ~Shaving Cream
- ~Shaving razors
- ~Cleaning Products
- ~Make-up Remover
- ~Tea/Hot Chocolate

## Home for the Holidays

After months of being apart, you and your student are finally together under the same roof. The sudden change in environment can be comforting and unsettling for both students and parents. Here's an insightful article about how you and your student can stay sane through winter break:



*Click on the lightbulb to be taken to the article!*

# Parent/Student Resources

It's important for student families to know about the resources available on campus. If your student is struggling academically, emotionally, and/or physically, there are resources on campus to help! Southeastern wants students to succeed, so don't be afraid to introduce your student to our wide range of resources. Here are a few!

## The Learning Center

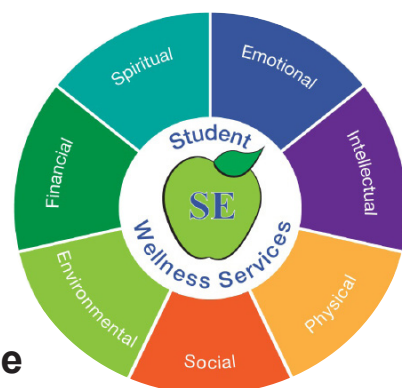
Southeastern's Learning Center is a free educational resource that offers tutoring, accommodated testing, CLEP testing, placement testing, and remediation classes. In an effort to ensure a quality environment and education experience for all Southeastern students, the Learning Center focuses on competency-based education, individual learning styles, self-paced learning, and the different levels of preparedness that each student comes equipped with. Students seeking extra assistance in math, science, social studies, English, and other subjects can visit the Learning Center Monday through Friday, from 8am-5pm. It can be found in the Hallie McKinney building, below the Advising Center.

## Student Wellness Services

Student Wellness Services offer a wide range of mental and physical health resources to ensure that your student is dealing with the pressure of college in a healthy way. Some of the resources offered include: pregnancy testing, safe-sex education, mental health screening, counseling services, and more.

The Student Wellness office is open from 8am-5pm Monday through Friday. Their office is located in the Glen D. Johnson Student Union, Suite 229.

If you would like to learn more about services offered, or find the Emergency contact information, click on the Wellness Wheel to be taken to their website!



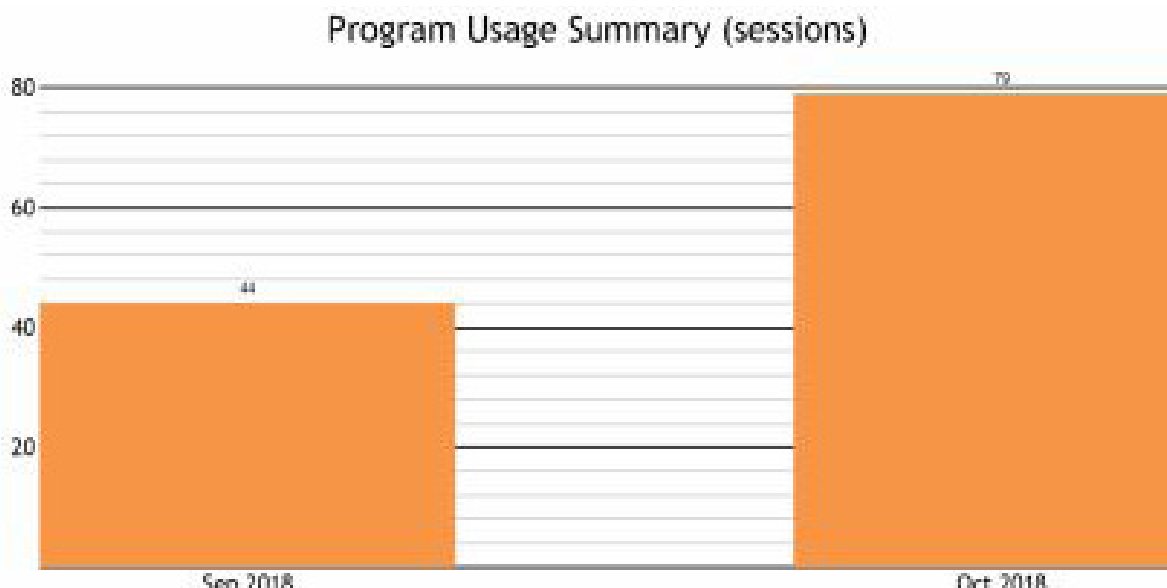


## Parent/Student Resources continued...

### Tutor.com

Tutor.com is a free online learning resource available to all Southeastern students. Students can get help in real time with Tutor.com's various online tutors, or drop off their writing assignments to be reviewed and handed back! With over 10 different areas of study available, Tutor.com is ready to assist your student with any of their homework needs. Since the website offers services 24/7, your student can work at their own pace and on a schedule that works best for them.

From September to October, the use of Tutor.com has nearly doubled! In September, the amount of sessions started in Tutor.com was 44, but October spiked with 79 sessions! We hope that students will continue to take advantage of this helpful resource as finals and the coming months edge closer.





## Upcoming Events...

### STEM VISITATION DAY

**Saturday, December 1st**

Calling all high school juniors and seniors! If you are interested in Computer Science, Chemistry, Field Biology, Pre-Professional Degrees, Mathematics, or Medical Sciences this is the day for you! Join us on Saturday, December 1st for a tour of Southeastern's campus.

There will be break-out sessions, lunch, & campus tours.

Register now at <http://www.se.edu/future-students/visit/>

### Enrollment and Scholarship Deadlines

It's never too early to start thinking about applying for scholarships! Attached to this newsletter is a document containing all of the upcoming scholarship deadlines and respective information.

Here are a few:

Deadlines for Honors and the President's Leadership Class is January 31st

Deadline for General Scholarships is March 1st

Apply now at [www.se.edu/future-students/scholarships](http://www.se.edu/future-students/scholarships)

### Fill out the FAFSA!

On October 1st, the FAFSA opened up for the 2019-2020 school year. If your student is planning on attending university in Fall 2019, they will need to complete this form! Parents/Students can do so with their FSA ID here: <https://studentaid.ed.gov/sa/afsa>

First time filling out the FAFSA? Not sure what to expect? No worries! Contact Student Services for more information on how to complete the FAFSA. You can contact them here: