

**Visit these cities:** Edinburgh, Scottish Highlands, Durham, York, and London

**Led by:** Professor Meg Cotter-Lynch  
10 days

**Travel from:** 03/15/2024 - 03/24/2024

**Enroll now:** [www.efcst.com/2626831XZ](http://www.efcst.com/2626831XZ)

## An investment in your future

This short-term study abroad program is a way to get an international experience in a more affordable way and within a more flexible timeframe. It is also designed to build core competencies needed to thrive in many career paths, and in an increasingly connected world:

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Adaptability  
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## YOUR ITINERARY:

**DAY 1:** Fly to Scotland

**DAY 2: Edinburgh**

Meet your Tour Director at the airport

Take a walking tour of Edinburgh, a classic medieval city, and learn about the city from your Tour Director

Enjoy dinner in Edinburgh

**DAY 3:** Edinburgh • Scottish Highlands

Travel to the Highlands region, known for its stunning greenery and rolling hills

Enjoy a boat cruise on Loch Ness and visit Urquhart Castle, which once served as a medieval fortress

**DAY 4:** Scottish Highlands • Edinburgh

Return to Edinburgh

Take a tour of Edinburgh

With an expert local guide you will see:

Edinburgh's New Town, which was constructed in the 1800s and remains a shining example of city planning today

Calton Hill, where you can take in views of the Lomond Hills of Fife

Palace of Holyroodhouse, the Royal Family's official residence in Scotland

Royal Mile and Old Town, a jumble of medieval buildings

Visit Edinburgh Castle, the enduring symbol of Scotland's capital where Mary Queen of Scots gave birth to James VI, who would later rule England

**DAY 5: Edinburgh**

Guided excursion to the University of St. Andrews

◆ Independent exploration: Spend time exploring Edinburgh on your own

**DAY 6:** Edinburgh • Durham • York

Travel via Durham to York

Visit Durham Castle

◆ Independent exploration: Spend time exploring Durham on your own

**DAY 7:** York • London

Take a walking tour of York

Visit the York Minster

◆ Independent exploration: Spend time exploring York on your own

Travel by train to London

**DAY 8: London**

Take a guided tour of London

With your expert local guide you will see:

Big Ben

Houses of Parliament

Piccadilly Circus

St. Paul's Cathedral

Changing of the Guard at Buckingham Palace (*if scheduled*)

◆ Guided learning: Tour the Tower of London with an expert local guide and see this former prison, where Henry VIII banished two of his wives, and the jaw-dropping collection of Crown Jewels

**DAY 9: London**

◆ Independent exploration: Spend a full day exploring London on your own

◆ Cultural engagement: Enjoy an evening theater performance at the Globe Theater

Enjoy a fish and chips dinner in London

**DAY 10:** Depart for home