

# COVID Isolation and Quarantine Procedures

Faculty, staff and students are expected to conduct the [university health screening protocol](#) **daily** before leaving home to come to campus. Members of the campus community who are exhibiting COVID-like symptoms, have been diagnosed with COVID, have been exposed directly to someone with COVID, or have concerns about exposure should stay home away from others in their household and complete the campus Illness Reporting Form (a.k.a the jot form) [linked here](#). Such individuals should not leave the home unless to seek medical care, and then only with a mask. Call ahead before trying to access medical services.

Supervisors and Faculty should not clear their employees or students to return to campus until clearance to do so has been received from HR or a Student Affairs designated staff member. Individuals in campus housing will identify 2 places where they can isolate or quarantine on their intake paperwork. In the event that residents become ill, they must move to their identified locations to isolate or quarantine until they are cleared to return to campus.

## Isolation

Isolation is for individuals who have active symptoms and/or have tested positive for COVID. An individual who has had symptoms of routine illness and receives a negative COVID PCR test and has not had direct exposure to someone diagnosed with COVID or engaged in behavior that puts them at risk for COVID (close contact, no face masks, large gatherings, etc.) may return to normal activity once evidence of a negative test is provided to Student Health Services. Someone with symptoms that has had direct exposure to COVID, and/or engaged in risky behaviors like those identified above, and/or personally been diagnosed with COVID must stay in isolation for a minimum of 10 days. Individuals must also have had no fever for at least 24 hours, without fever-reducing medication (Tylenol, ibuprofen, etc) and noticeable improvement in symptoms before they can resume normal activity. Individuals who wish to be cleared of illness more quickly through their physician may test earlier, at their own expense, if no fever, respiratory symptoms have improved, and present evidence of two negative test results in a row, at least 24 hours apart to Student Health Services (call 580-745-2988 when ready for the best information on how to submit).

An isolated individual should have a separate bedroom, and preferably bathroom, away from other individuals in the household, if possible, and should not use community spaces in the home. Further guidance on isolation procedures can be found by [clicking here](#).

## Quarantine

Quarantine is for individuals who have had direct contact with someone exhibiting symptoms, or someone having been diagnosed with COVID. Consistent with CDC guidelines, it also applies to individuals who have recently entered the United States from abroad. These individuals should stay home, separate themselves from household contacts, and monitor for signs of illness. Length of quarantine will be designated by university reporting staff according to guidelines found by clicking [here](#). Testing may be received to identify if the quarantined individual is an asymptomatic case; however, a negative test does not reduce the amount of time needed in quarantine. A positive test will help identify other potential individuals who may also need to be in quarantine.

*These policies and procedures were updated on July 25, 2020 and are subject to change.*