



2023

BIENNIAL REVIEW REPORT

SOUTHEASTERN OKLAHOMA STATE UNIVERSITY

Drug and Alcohol Abuse Prevention Programs

For AY 2021-2022 and AY2022-2023

INDEX

Statement of Introduction	3
Biennial Review Committee	3
Items Reviewed as Part of this Report	4
Compliance Standards and Expectations	4
Policy Inventory and Review	5
Review of Policy and Sanctions	8
Educational Program Inventory and Recommendations	11
Treatment Programs	21
Summary of Overall Strengths and Weaknesses	23
Summary of Communication and Stakeholders	24
Findings of the 2023 Biennial Review Report	25
Appendix	
DAAPP and DFSCA 2021	
DAAPP and DFSCA 2022	
Resident Student Handbook (Relevant Sections)	
Athletic Drug Testing Program	
Sodexo Employee Handbook	
Biennial Review Policy and Procedures	

STATEMENT OF INTRODUCTION

Southeastern Oklahoma State University completed its biennial review of its Drug and Alcohol Abuse Prevention Programs (DAAPP) for the years 2021/2022 and 2022/2023. The purpose of this review is to determine our effectiveness to implement needed changes and to make sure that sanctions are consistently enforce.

Southeastern Oklahoma State University believes that student success and achievement require vigilance and effort on the part of the University to promote healthy living and learning. We affirm that we have a role in promoting an environment conducive to education and that actively discourages drug and alcohol abuse. We commit to prevention, developmental student conduct, and effective intervention for students at risk for these behaviors. The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (HE) to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by students and employees, both on campus and as part of any institutional activities.

This report includes a list of contributors, and inventory of all educational programming, a statement of the DAAPP goals and discussion of achievement, summaries of the programs strengths and weakness, and the procedures for the distribution of the policies to the students and employees along with copies of the policies and recommendations for revision.

BIENNIAL REVIEW COMMITTEE

Committee Membership

Mike Davis, Special Assistant to the President for Compliance

O.L. Kelly, Assistant Dean of Students

April Lehring, Director Student Wellness Services

Liz McCraw, Vice President for Student Affairs

Dorothy Owens, Assistant Director Human Resources

Contributors

Durward Cook, Director of Campus Safety and Chief of Policy

Kelly D'Arcy, Director of Housing and Residence Life

Debra Fulenchek, Clinical Counselor/Wellness Coordinator

David Penn, Director of Student Engagement

Cherrie Wilmoth, Associate Director for Compliance and Internal Operations, Athletics

ITEMS REVIEWED AS PART OF THIS REPORT

- DAAPP 2021 and DAAPP 2022
- The mandatory annual notification required by the DFSCA.
- Student Code of Conduct
- Academic Policies and Procedures Manual
- Administrative, Professional and Support Staff Handbook
- Athletics and NCAA Policies
- Student Organization Handbook
- Resident Student Handbook
- Sodexo Employee Handbook
- SE Employee Assistance Program Information
- Data collected from ACHA and NCHA survey data
- Programming records from Student Affairs units
- Athletic Drug Testing Statistics
- Student Conduct Data

COMPLIANCE STANDARDS AND EXPECTATIONS

The compliance checklist highlights the legal requirement of the Drug Free Schools and Campus (DFSCA) Regulations. Many of the documents provided to faculty, staff, and students referenced in the biennial review will be found on the University website

<http://www.se.edu/student-wellness/drug-alcohol-education/>. Southeastern annually provides this information to all students who are earning any type of academic credit.

The Vice President of Student Affairs conducts the Biennial Review. A copy of this document is available in the President's Office, the Office for Student Affairs, the Office of Human Resources, Student Wellness Services, Residential Life, Student Life, and the Campus Police Department.

The Southeastern policy statement for all students regarding the Drug Free Schools and Campuses Act clearly prohibits the unlawful possession, use, or distribution of alcohol and other drugs by students. It reflects the applicable legal sanctions for the unlawful possession or distribution of illicit drugs and alcohol, describes the health risks associated with the use of illicit drugs and the abuse of alcohol, and provides information about drug or alcohol treatment and rehabilitation programs that are available to students and employees. It is specific in its statements that Southeastern will impose sanctions, consistent with the law, upon violators of the policy, and clearly describes the sanctions.

This policy statement is included in the Student Code of Conduct section of this report. The Student Code of Conduct is updated and published annually, and maintained on the Southeastern website <http://www.se.edu/current-students>.

Distribution of the policy occurs through several venues as follows:

- New student orientation sessions in the summer.
- Required College Success classes primarily for students who have not declared a major.
- Required College Success classes primarily for students pursuing certain degrees.
- Email blasts to all employees (faculty/staff) and students.

The Southeastern Drug Free Workplace Policy is in the Employee Handbook and the Academic Policies and Procedures Handbook. An all-employee email is sent each fall reminding/acquainting continuing and new employees of this policy and is handed to each new employee throughout the year. The policy is reviewed annually by the Office of Compliance and the Human Resources Office.

Review

The DAAPP was reviewed by Liz McCraw, Vice President for Student Affairs and the DFSCA Annual Notification was reviewed by Mike Davis, Director of Compliance and Safety for compliance with regulations. Both the DAAPP and DFSCA for 2021 and 2022 were found to comply.

Policy Inventory and Review

Student Conduct:

In accordance with the Code of Conduct, the use, possession, manufacturing, distribution, and/or being under the influence of alcoholic beverages and/or low point beer, as defined by Oklahoma Law, on the campus or at any on-campus activity sponsored by or for a student organization or any other university sponsored activity for students is not permitted. The use, possession, manufacturing, distribution and/or being under the influence of controlled dangerous substances, or controlled substances as defined by Oklahoma law, except as expressly permitted by law and/or University policy is not permitted. The inappropriate use, misuse, or abuse of prescription or over-the counter medications is forbidden.

Student Sanctions:

The violation of this student policy can result in reprimand, conduct probation, removal from residence halls, mandatory treatment, or rehabilitation at the student's own expense, and can result in sanctions up to and including suspension or expulsion from the university.

Review

The Director of Student Conduct, Rights and Responsibilities reviewed the alcohol and controlled substance policies in the Code. The review found that the policies are compliant with state and local law and the policy of the Regional University System of Oklahoma (RUSO). RUSO continues to look at the alcohol policies on campus and hopes to make significant change moving forward.

The DAAPP Committee met to discuss the continuing impact of the Oklahoma State Statutes allowing for Medical Marijuana to be sold. After review by the committee and review by the legal counsel of the Regional University System of Oklahoma, it was determined that no changes in university policy were required for the students, staff or faculty. Marijuana continues to be listed as a controlled substance at the Federal level, therefore it is not allowed on the University campus and use is prohibited at the workplace.

Faculty Conduct:

In accordance with the Academic Policies and Procedures Manual, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Faculty Sanctions:

Such conditions will be proper cause for disciplinary action including employment probation, mandatory treatment or rehabilitation at the employees' own expense, and up to and including termination of employment.

Review

The policy was reviewed by the Office of Compliance and Safety and found to be compliant.

Staff Conduct:

In accordance with the Administrative, Professional, and Support Staff Handbook, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Staff Sanctions:

Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Violation of conduct standards are cause for disciplinary action up to and including termination of employment. University officials reserve the right to require drug testing when there is reasonable cause to believe that an employee is under the influence of drugs.

Review

The policy was reviewed by the Office of Compliance and Safety and found to be compliant.

Student Organization Policy

The Student Organization Advisor Handbook requires a risk management role on the part of every organization advisor and prohibits the purchase of alcohol for a registered or recognized student organization or its members. Student Organization members are held accountable to the provisions included in the Student Handbook in their capacity as individual students.

Review – The policy review was completed by the Assistant Dean of Students and Director of Student Engagement and requires no change.

Recommendation – The development of stand-alone policy could benefit student groups with educational and prevention efforts.

Fraternity & Sorority Policy

Southeastern has three active and chartered Greek organizations, none of which has housing. Sigma Sigma Sigma Sorority, Alpha Sigma Tau Sorority, and Sigma Tau Gamma Fraternity Southeastern has a dry campus, individual Greek risk management policies are in place but not unified under a campus Greek risk management policy. The need for more education has been identified and plans for seminars and workshops are in place.

Review – The policy review was completed by the Assistant Dean of Students and the Director of Student Engagement and requires no change.

Recommendation – The development of stand-alone policy could benefit student groups with educational and prevention efforts. Required educational sessions must be in place to address drug and alcohol use and policy. This education will be conducted by the Assistant Dean of Students two times a year with the full membership of the sororities and fraternities present.

Resident Student Handbook

The Resident Student Handbook states the consumption or possession of all alcoholic beverages on campus, in university housing, or at any on or off - campus event sponsored by or for a student organization or other university sponsored activity for students, is forbidden. (The university is authorized to develop and implement a policy regulating consumption of alcohol at officially sponsored events). All Residence Halls are maintained as alcohol free environments. No alcohol or alcohol containers (even empty or those deemed to be “decorative”) are permitted within the halls for any reason. Students are expected to comply with laws of the state of Oklahoma and the policies of the University.

The use, possession, or distribution of narcotics or other controlled substances except as expressly, permitted by law, and the inappropriate use or abuse of prescriptions or over-the-counter medications is forbidden.

Review – A review of the Resident Student Handbook was completed and found to need no change.

Policy for Sodexo/Food Services

Sodexo’s employee handbook reinforces a commitment to comply with the Drug Free Workplace act of 1988 and states, “The unlawful manufacture, distribution, dispensation, sale or attempted sale, purchase, use, consumption or possession of alcohol, unauthorized controlled substances, inhalants or illegal drugs, or drug paraphernalia of any kind, is prohibited while you are on work time or on Company/client premises. Being under the influence of an unauthorized controlled substance, illegal drug, inhalant or alcohol on Company/client premises, in Company/client-supplied vehicles, or during work hours is prohibited. This rule also prohibits consumption of alcohol at the end of a client catering event or on Company/client premises at the end of a workday.”

Non-Student Campus Alcohol

After reviewing non-student campus alcohol practices, it has been determined that is an area of weakness that requires additional development.

Student Code of Conduct/Residence Life Policy and Sanction Review

A review of all alcohol and drug policies was completed in Summer 2021 and Summer 2022. The Vice President for Student Affairs, the Director of Conduct, Director of Housing and Residence Life, and Residence Hall Directors discussed the sanctions and consistency of sanctioning procedures and outcomes. Violations, sanctions, and outcomes were discussed. The group determined that a strength was congruency of sanctions between the two offices for the 2021/2022 and 2022/2023 years. Weaknesses to be addressed include the differing enforcement for drug and alcohol violations; concerns about the application of policy based on the age of the student, on campus vs. off campus public law. The group also reviewed the effectiveness of on-line education module used in sanctioning. The module allows students to complete the course free of charge.

Results of the Alcohol and Drug Education Module were reviewed for consideration.

Year	Education	Violations	Not Resp.	Education Sanctions	Completers
2018-2019	Alcohol Education	62	13	39	30
2018-2019	Drug Education	14	6	1	0
2019-2020	Alcohol Education	37	10	22	33
2019-2020	Drug Education	19	15	1	1
2020-2021	Alcohol Education	19	11	5	2
2020-2021	Drug Education	13	6	12	6
2021-2022	Alcohol Education	13	2	2	2
2021-2022	Drug Education	4	1	3	1
2022-2023	Alcohol Education	24	0	9	7

2022-2023	Drug Education	18	2	7	4
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*Stats will differ from Clery Stats due to calendar year versus academic year data.

*Not responsible stats were included to provide further insight into the number of students accused of violating drug and alcohol policy.

*The drastic decrease in violations for the 2021-2022 year may be attributed to strict COVID-19 regulations, prohibiting large numbers of students on campus and limited residence throughout the Residence Halls.

In some cases, the student(s) involved in the violation left campus or were suspended from campus, therefore not completing their education modules. A category for “not responsible” was added to provide further insight into the number of students accused of violating drug and alcohol policy.

The online educational module SafeColleges was instituted in 2018. With the addition of this program students have been completing educational sanctioning at a higher rate. This is attributed to the no cost nature of the program. We can add information to the program as necessary based on trends in violations.

Recommendation: Student Wellness Services, Campus Police and Student Conduct should review the module annually to look at necessary updates or additions to the programs.

Athletic Policy and Sanctions Review

The Associate Athletic Director/Internal Operations, Athletic Director, Assistant Athletic Director/Head Athletic Trainer complete a yearly review of the SE Athletic Drug Policy and make any changes as required by the NCAA or as needed by the University and Athletic Department. They review the NCAA Banned Drug List, the Drug Testing Scores and Results, and make additions to the Drug Education Program. This year education on Marijuana and Synthetic Marijuana, Dietary Supplement Safety and Sports Nutrition and Prescription and Over the Counter Medication Database was added.

Enforcement and Sanctions - Student Conduct, including Housing and Residence Life

Students who are involved in alcohol and other drug related policy violations are subject to the student conduct process and sanctioning. The purpose of student conduct sanctioning is to use the opportunity to educate, impact, and engage the student to make better choices, with a goal of helping the student to be successful academically and in life. Additionally, the goal of the student conduct process and sanctioning is to create an environment conducive to academic success for all members of the campus community. While each student and situation is different, all sanctions align with these goals, and may include one or more of the following sanctions.

Recommendation: Case Management should continue employed to track the sanctions and completion of those sanctions.

The student conduct officer, or his or her designee, may authorize the following sanctions for violations of university regulations or public law which may include one or a combination of the following:

- **Warning.**
- **Customized Restrictions or Projects:** Including but not limited to: letter of apology, presentation of a workshop, preparation of a research paper or project, social probation, community service, assessment or evaluation, counseling, no contact orders (may include restricted access to campus services/amenities/enrollment/facilities/etc.) , assigned a mentor/role model, required community/organizational involvement, restitution for damages, punitive fines, eviction from residence halls, loss of privileges (i.e. visiting privileges in housing or denial of access to computer or other campus services) prohibiting membership or leadership in campus organizations; or denial of participation in any official athletic or non-athletic extracurricular activity, including practices or travel; or withholding of official transcript or degree; or blocking from enrollment for a specified period; intervention program (may require a fee); or any combination of the above.
- **Conduct probation:** A student may be placed on conduct probation for a specified time frame. If a second violation occurs while a student is on probation, disciplinary action will be based on both charges. If the student has a Dean's disciplinary hold on the student records, it is removed at the discretion of the Conduct Officer.
- **Suspension:** A student may be suspended from the University for a definite period not less than the remainder of the current semester in which student is enrolled. The student who has been suspended may apply for readmission at the close of the period for which the student was suspended. A suspension hold will be placed on the student's transcript during the period of suspension.
- **Expulsion:** When a student is expelled, a record of this action will be noted on the student's transcript, and it will be a part of the student's permanent record in the Office of the Registrar. A student who is expelled will not be allowed to re-enter the university.
- **Degree revocation or rescission of credit.**
- **Temporary suspension:** A student may be temporarily suspended from the university or university housing prior to the student code of conduct hearing to ensure safety and well-being of members of the university community or preservation of university property; to ensure a student's own physical or emotional safety and well-being; and/or if the student poses an ongoing threat or disruption. Such an administrative decision will be effective immediately. During the temporary suspension, a student may be denied access to university housing and/or all other university activities, privileges, and property for which the student might otherwise be eligible, as the conduct officer may determine to be appropriate. The temporary suspension does not replace the regular process, which shall proceed on the normal schedule, up to and through a student hearing and appeal, if required. The student will be notified in writing of this action and the reasons for the temporary suspension. The notice shall include the time, date, and place of an initial hearing at which the student may show cause why his or her continued presence on the campus or in university housing does not constitute a threat.

EDUCATIONAL PROGRAM INVENTORY

Many departments on campus are involved in educating students and parents about alcohol and other drugs both in an out of the classroom setting. These departments include Housing and Residence Life, Student Wellness Service (Counseling Center and Student Health Services), Human Resources, Athletics and Academics. The coordination of alcohol and drug related programming has become a strength for the DAAPP. Expertise and resources are shared to create value-based education for our student.

The Southeastern Oklahoma State University Counseling Center provides counseling services to students struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters. Their contact information shall be included in the annual DFSCA disclosure.

SOS Health Education Prevention Services Grant was secured in 2021 through the Oklahoma Mental Health and Substance Abuse Services to provide prevention services, materials and program based on best practices and campus needs assessments. To date, the grant has provided 988 marketing materials, drug lockboxes and disposal pouches, and educational programming.

Vector Solutions is an online education program to address the unique challenges and responsibilities of college life for students surrounding alcohol and drugs. It also has an educational platform available to educate faculty and staff around substance use. Currently the program is utilized for sanctions related to drugs and alcohol. College Success instructors are made aware that the material may be utilized in their courses. The program is at no individual cost to the campus community.

Student Health 101 is an online campus magazine to which Southeastern subscribes that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to <http://readsh101.com/se.html> and is delivered to student email inboxes monthly.

Learn to Live is an online supplement to counseling services. It provides Cognitive Behavioral Therapy (CBT) programs to our students all over the United States. Students participate in self-guided modular programs including Substance Use. They screen for risk and the program recommends modules based on the results. Individuals may also choose to take a program without it being recommended on the screening. Students who need additional support may also reach out to a program coach for guidance and support.

National College Health Assessment is completed every-other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

Campus Well is an online campus magazine subscription that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to se.campuswell.com and is delivered to student email inboxes monthly.

Springapalooza is an event that happens the week before spring break every year in the Atrium of the Student Union during the hours the cafeteria is serving dinner. During this time, students are educated on safety tips for various circumstances that could possibly leave them vulnerable to assault.

Camp SE is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

Classroom Instruction: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

Customized educational outreach is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

Student Wellness Services

Student Wellness Services is an alumni **member** of the JED Foundation Campus Program and will continue to utilize the services they provide to alumni members where appropriate. A member of our team is represented on the Bryan County Substance Abuse Task Force and the Bryan County Turning Point Coalition which work on drug and alcohol related issues through the county.

In 2020-2021 we transitioned to an electronic health record (EHR), due to COVID, and discontinued the screening tools we previously utilized. We did not have fall screening numbers due to this transition and the changing of contracts with providers for the screening instruments. Students had access to a screening tool, but we did not receive data from that instrument. Counselors did inquire about use during the fall but students self-identified if this was an issue they wished to address in counseling. In spring 2021 we fully launched our Titanium EHR and we are using the CCAPS 62 to screen our client population. It is designed for college students with eight subscales, one of which assesses substance use measurements. We had 38 students participate in counseling for spring 2021, many not wishing to do counseling because it was offered via zoom this year to provide safety. Of those students, 26% completed pre/post screening for substance use. With counseling we saw a 4.1% reduction in clinical levels of substance abuse in this population. Of those that only completed intake screening, 28.5% had a relationship with substance use that met clinical levels but most met the clinical

threshold for misuse and not abuse. Clinical staff will begin use of the CCAPS-34 at every session beginning Fall 2021. This instrument will be conducted at every clinical visit between the intake and exit process to look at alcohol use and how students might be using it for weekly coping. We will also begin using a screening tool this fall that allows us to screen students for use without having that data reflected in our clinical numbers.

Educational presentations for students

In the classroom setting a few different programs covering drugs and alcohol were presented and pre/post tests were conducted during 2019-2020. Data on demonstrated learning outcomes are below, and percentages show correct responses. Data was aggregated for the year on any program presented more than once throughout the year. Some clarification of information may be needed on those questions where percentages are going down after the program and rewrites on those responses that do not indicate learning, but new attempts have been made since the last review to change programs being offered and content. The last question on College Drinking was modified this cycle and demonstrated a learning need that is now being addressed in the program.

DAAPP data 2021-2022

Classrooms request various programs be conducted annually. Below is an evaluation of learning outcomes.

College Drinking	15 total respondents	
	Correct pre-test knowledge	Correct post-test knowledge:
College students have never reported academic consequences due to drinking.	Not collected	93.30%
Tolerance is not a warning sign of becoming dependent on alcohol.	Not collected	100%
When you are going out for a drink, to a party, etc. you don't need a plan.	Not collected	100%
You should call an ambulance if someone has blue or pale-tinged skin (esp. lips/nail beds).	Not collected	100%
Having a polite, convincing "no thanks" ready can help you cut down on drinking.	Not collected	100%

Programming: During the year Student Wellness created a Make a Change Monday board that was posted outside the cafeteria as passive programming. Individuals could stop by and get

quick tips during the beginning of the fall semester from different students and professional staff around a number of topics, including substance use/misuse avoidance.

Student Wellness Services posted 4 recorded posts to **social media**. However, the staff were new to the office and more training was needed to promote the tracking of this material. Better training will occur next year to insure proper tracking continues.

Campus Well saw 86 views of the article “Is Delta-8 safe? Everything you need to know about the new cannabinoid on the block”; however, the amount of time spent with the article was not high enough to represent student engagement with the material.

Counseling Center Intakes added a flag to demonstrate clients who specifically identified as seeking services primarily for alcohol and other drugs. Only one client was identified as such and was required to attend treatment. They didn’t return for continued treatment; therefore, no data regarding improvement was documented. However, the CCAPS screening did identify students who screened positive for alcohol misuse and of those individuals their screening for alcohol misuse reduced by 0.79 and our facility was ranked in the 90.4 percentile for change in clients with moderate and/or elevated distress from their alcohol use.

DAAPP data YTD 2022-2023

Classrooms request various programs be conducted annually. Below is an evaluation of learning outcomes.

Sex, Drug and Rock-n-Roll	69 total respondents	
	Correct pre-test knowledge	Correct post-test knowledge:
Using drugs and alcohol at an early age can indicate future problems with these substances.	not collected	97.10%
There is a strong correlation between alcohol abuse and violent behavior.	not collected	100.00%
Abstinence is the only 100% effective method for the prevention of pregnancy and STDs.	not collected	78%
One in four Americans will have an STD in their lifetime.	not collected	66.70%
	Agree/Strongly Agree	
Program covered issues faced by college students:	99%	
Topic was relevant to my staying in school:	82%	

Student Wellness Services began to ramp back up to provide **programming** at more routine levels. Early fall programs were:

9/19/23 Constitution Day panel discussion legal contradictions surrounding cannabis in Oklahoma. Of those approximately 75 participants, 15 participated in an evaluation. All respondents indicated the program helped them learn something new that day, helped demonstrate an example of state's rights, was relevant to Constitution Day and 80% would pass on the information to others.

In late fall the Student Wellness Services also signed a contract to provide services for a SAMHSA grant housed with Oklahoma Department of Mental Health and Substance Abuse Services. This grant will provide funding and resources to create a more comprehensive and informed approach to substance abuse prevention services. The grant will also provide staffing to facilitate efforts. Staff are being trained in prevention and will participate in a monthly call with other higher education grantees to discuss campus efforts, successes, and more. During the year the following programs were provided through the grant:

December 13-21 Two staff participated in the state prevention and recovery conference online and received 6.5 hours of CE

January: 11 medical disposal pouches and lockboxes were disseminated during the month. A focus group was held, and faculty, staff and students were invited to discuss perceived issues and campus response to substance use/abuse issues. The group was small with 3 students and one staff member. The group shared they felt prescription opioid abuse was more significant

March 6-10 Drug Take Back Event @ Campus Police Department where 4kg of medications were collected.

March 22 World Water Day speaker on water policy and sustainability in Oklahoma. During this event drug disposal pouches were distributed to six participants.

April 4 the grant hosted a panel and documentary called "If They Had Known" in conjunction with other Student Affairs professionals and the Choctaw Nation of Oklahoma. Unfortunately, when the event was planned, the group did not take into consideration that campus would be closed for a holiday the following day. There was no attendance at this event, but it fostered relationship building with other partners and future endeavors were discussed.

April 19 End of Semester Bash held, and 24 individuals picked up medication disposal bags and 24 picked up medication lockboxes

In May the prevention specialist hosted the first coalition meeting for substance abuse prevention on campus. Attendance was low; however, initial conversation was begun, and the group was introduced to the members and guiding principles and documents that will guide the group in the next fiscal year, beginning in July 2023.

The Counseling Center created a **counseling group** called "Families of Addicted Loved Ones" that focused on bringing individuals together to discuss their lived experience and to provide

support and tools to have a successful college experience. There was no interest expressed in the group and it was not reinstated for spring.

Student Wellness Services posted 23 posts during the year to **social media** related to substance use/abuse. While this shows better tracking, evaluation will be made if the frequency is sufficient and appropriate enough to meet student needs.

Campus Well saw student engage in the #2 spot for the article “How binge drinking could be affecting your grades”.

Counseling Center client flags did not identify anyone year-to-date seeking services for their drug or alcohol misuse/abuse. However, of those who reported distress from their alcohol use at the onset of counseling, a 0.73 reduction was noticed over the course of their therapy, and our facility was ranked in the 83.2 percentile for positive change in clients with moderate and/or elevated distress from their alcohol use.

Our campus conducts the **National College Health Assessment** every-other year to assess many health and wellness behaviors in which our students engage. Our completion rate of the survey fell, we believe due to COVID, in 2020. The survey went out right before spring break when we were preparing students for the possibility they would not come back after the break. We hope to have strong completion in 2022. The NCHA cannot be compared year-to-year because of changes in the survey involving these questions in this iteration. While not a statistically relevant size sample to date, it continues to give us some clue about certain behaviors in our student body. 2.1% of those survey indicated they were in recovery from alcohol or other drug use. 18.2% of college students reported driving after having any alcohol in the last 30 days. Ongoing efforts are needed to promote risk-reduction efforts when drinking, especially around sexual practices while drinking and setting healthy limits.

Marijuana use on campus is growing and harm reduction strategies (51.7% of users report driving within 6 hours of use) are needed to keep users safe as this population continues to grow, especially with legalization of medical marijuana. Identifying balanced educational presenters and creating educational materials to hang around campus are still needed. Social media has been the most consistent form of outreach around this topic.

Student Wellness Services also conducts routine **social media outreach** around drugs and alcohol. Many of these posts are geared around certain times of the week or year in response to evidence that has demonstrated increased risk during certain times. During the first two weeks of May and December, social media posts revolving around amphetamines and stimulants increase because of finals week. Students use more of those substances during that time. Alcohol posts are made regularly on Thursdays and/or the weekends due to ‘college night’ and parties and are frequently posted around the holidays. The month of January we post about smoking cessation so that individuals can incorporate this as part of their new year’s resolution, and the month of April is nationally recognized as alcohol awareness month, so posts are made accordingly.

Learn to Live is an online supplement to counseling services. It provides Cognitive Behavioral Therapy (CBT) programs to our students all over the United States. Students participate in self-guided modular programs, including Substance Use. They screen for risk and the program recommends modules based on screening results. Individuals may also choose to take a program without it being recommended on the screening. Students who need additional support may also reach out to a program coach for guidance and support. To date, we have had 26% of the 70 students who screened that met clinical criteria for substance use issues. Six percent of those individuals accessed a learning module to help support them with their use. We do not have data on if the 6% completed the entire program but have requested that be added to our reports from them in the coming year. We have planned for 2021-2022 to incorporate this CBT modular learning to for substance use into all sanctioned counseling visits. The therapist can be made part of the student’s support team in the system, and they can use the contents to help prompt and promote further discussion in the counseling environment.

Athletics

The NCAA Banned Drug List can be found at:

https://gosoutheastern.com/documents/2021/6/17//DrugPolicy_asof061721.pdf?id=506

and is shared with our student athletes annually and during education programs throughout the year.

Student Athlete Drug Testing

The overall goal of Southeastern Oklahoma State University’s (SE) Alcohol, Tobacco, and Drug-Testing Program is to promote a year-round drug free environment in the SE Athletic Program. The priority of SE’s program is the health, safety, and welfare of the student-athletes. The approach is from a medical perspective with an emphasis on education, testing, and referral for treatment of student-athletes and others who are part of the intercollegiate athletics program at SE. Athletics conducts random drug testing, as well as drug testing based on suspicion. Student athletes agree to these tests as a part of their participation in athletics. The alcohol/drug and education/counseling program have been a successful intervention based on the drug testing results below. Student Wellness and Athletics work closely together to provide services to impacted students.

Student-Athlete Drug Tests Conducted and Results

Southeastern Student Athlete Drug Testing

Semester	Institutional Test	Positive Test Results 1 st test	Positive Test Results, 2 nd test	Student Athletes Quit	Student Counseling & Returned
Spring 2021	40	4		0	4
Fall 2021	Covid				
Spring 2022	40	2		1	1

Fall 2022	44	2		2	2
Spring 2023	40	7		3	4

NCAA Student-Athlete Drug Testing

Semester	Institutional Test	Positive Test Results 1 st test	Positive Test Results, 2 nd test	Student Athletes Quit	Student Counseling & Returned
Spring 2021	0	0			
Fall 2021	21				
Spring 2022	0	0			
Fall 2022	20	0			
Spring 2023	10	9			

Academics

Freshman Programs at Southeastern teaches “ORIE 1002—College success to about 420 incoming freshmen each year. The course has a chapter on stress, health, and wellness covers issues of drinking and drug use among college students. Specifically, journaling exercises exploring college drinking experiences are offered along with an activity that asks the student to consider their drinking style and identify campus resources. This information is supplemented by guest speakers from Student Wellness Services. The course is taught by fulltime faculty or student affairs staff.

Occupational Safety teaches the class “Drugs in Society” to about 250 students per year in several majors. The course is focuses on educational awareness of drugs in recreational use and, more specifically, drug use in the workplace and their impact on society.

Approximately 400 students a year take PSY 1113—Introduction to Psychology. The course is primarily taught by full-time faculty in the Psychology department and supplemented by qualified adjunct instructors. During the class, students will learn the definition of psychoactive drugs, substance abuse, and addiction. Students will examine issues around dependence and withdrawal along with physiological effects. The differences between stimulants, depressants, and hallucinogens will also be covered,

RESOURCES

COUNSELING AND TREATMENT PROGRAMS

Southeastern Oklahoma State University Counseling Center (students only)
 Glen D. Johnson Student Union, Suite 229
 580-745-2988

Southeastern Oklahoma State University Student Health Services (students only)
Glen D. Johnson Student Union, Room 229

Well on Target Health Assessment and Coaching (insured faculty and staff) Provided by Blue Cross Blue Shield
www.bcbsok.com

EAP – Employee and legal dependent only. The Standard and can be accessed by calling 888-293-6948 logging on at healthadvocate.com/standard3 or through the mobile app called HealthAdvocate for 24/7 counselor support, referrals, and resource.

Non-Campus Programs (external options)

Oklahoma Mental Health and Substance Abuse Services - Treatment, support and harm reduction. okimready.org

Lighthouse Behavioral Wellness 580-924-7330
LBW Urgent Recovery Center 580-924-7331
2425 W. University, Blvd, Durant, OK

Grayson County Counseling Services 903-892-2874

Grayson County Health Department
Administration and Services
903-893-0131 or 903-892-3776

Kiamichi Council on Alcoholism and Other Drug Abuse (Idabel and Hugo) 924-6692

Alliance Health
580 924-3080

Substance Abuse Council
903-892-9911

Texoma Medical Center 903-416-4000

Non-Campus Hotlines

27/7 Dial or Text 988, or visit 988lifeline.org to chat and review resources

SUMMARY OF OVERALL STRENGTH AND WEAKNESSES

Strengths

- Collaborations between departments to provide value-added educational programs using shared resources and expertise.
- Attention to Title IX and Title IV Compliance as part of the plan
- Coordination of the committee and contributors to review and strengthen the plan for alcohol and drug education.
- Student Wellness Services data regarding student attitudes about alcohol and drugs
- Distribution of DAAPP and DFSCA is integrated as part of standard operation procedures.
- Regular meetings and reporting on the effectiveness of our alcohol and drug programs.
- Continual review of the policies, sanctions and enforcement of alcohol and drug policies.
- Proven metric demonstrating the effectiveness of counseling for student athletes.
- Free access online module for education and sanctioning

Weaknesses

- Inconsistencies with the way that alcohol and drugs are viewed from a sanctioning and enforcement perspective. The State of Oklahoma is still developing protocols, laws and enforcement guidelines since the 2018 change to state law regarding medical marijuana.
- Student Conduct policy is an abstinence-based policy which does not allow students to learn and practice safety around alcohol. The policy is part of Regent’s policy and does not allow for flexibility.

SUMMARY OF COMMUNICATION WITH STAKEHOLDERS

Date	Activity	Meeting Notice/Request for Information/Calendar Reference
5/18/2021	Request for DFSCA Updates	Email
6/8/2021	DAAPP Biennial Review 2021 Request for Information DAAPP 2021 Request for Information	Email
6/14/2021	DAAPP and Biennial Committee Review Meeting	Meeting Notice
6/16/2021	DAAPP and Biennial Review Meeting	Calendar Notice
12/15/2021	DAAPP 2021 and 2021 Biennial Review Posted	Web/Email
6/15/2022	DAAPP 2022 Update Information Due	Email
6/20/2022	DAAPP 2022 Committee Review Meeting	Calendar Notice
8/1/2022	DAAPP 2022 Release on Web	Web/Email
8/1/2022	DAAP 2022 and DFSCA Disclosure Notification – Email sent	Email
5/5/2023	DAAPP Biennial Review 2023 Request for Information DAAPP 2023 Request for Information	Email
7/14/2023	DAAPP 2023 Biennial Review Committee Meeting	Meeting Notice

8/1/2023	DAAPP 2023, DFSCA 2023, DAAPP 2023 Biennial Review	Web
Fall 2023	DAAPP 2023, DFSCA 2023, DAAPP 2023 Biennial Review – Notifications sent	Email

Findings of the 2023 Biennial Review Report of the Southeastern Oklahoma State University’s Drug and Alcohol Abuse Prevention Programs:

After reviewing the information collected on all drug and alcohol abuse and prevention across the University landscape, we have determined that our educational programming and awareness efforts have benefitted from a centralized strategy. The coordination recommended in the 2015, 2017, 2019, 2021 Biennial Reviews have strengthened the overall program. Policy, sanctioning, and disclosures have been integrated into standard operating procedure and clear lines of responsibility have been established. The following conclusion can be made:

- Each academic year the DAAPP Committee members should review, evaluate, and update each component of their drug and alcohol related programs.
- An annual review of policy and sanctioning regarding alcohol and drugs should be completed for alignment and should be submitted to the DAAPP committee by July 1 each year. Policies and practices will be updated in advance of the academic year.
- The non-student campus alcohol policies are underdeveloped and need to be revised.
- A review of current education modules should be done annually with updates and additions made prior to each academic year.
- Continuing research and discussions must continue as medical marijuana laws are tested and implemented. Attention will be given to best practices regarding the policy, practice, and implementation of these laws.

APPENDIX A

Note: Copies of this documents were emailed to all stakeholders on 8/1/2021; the document was posted on the University Website, and hard copies placed in the Office of the President, Campus Police and Office for Student Affairs.



Drug and Alcohol Abuse Prevention Program 2021

Index

- 1. **Program Elements**
 - a. Provision of an alcohol and drug free campus environment, including policy development and enforcement.....1
 - b. Drug and Alcohol Abuse Prevention Plan Administration.....2
 - c. Educational Programming and Materials.....2
- 2. Mandatory Annual Notification Procedure.....4
- 3. Biennial Review Policy and Procedure.....4
- 4. Calendar of Biennial Review Procedure.....5
- 5. Findings of the 2021 Biennial Review Report.....6

Appendix:

A. The Current text of the mandatory annual disclosure.....7

Provision of a Drug and Alcohol-Free Environment

Southeastern Oklahoma State University believes that student success and achievement requires vigilance and effort on the part of the University to promote healthy living and learning. We affirm that we have a role in promoting an environment conducive to education and that actively discourages drug and alcohol abuse. We commit to prevention, developmental student conduct, and effective intervention for students at risk for these behaviors.

Southeastern Oklahoma State University is committed to compliance with the Drug Free Schools and Communities Act, and a campus culture that reduces alcohol and drug use, abuse, and illegal conduct. This commitment includes the development, enforcement, and continual evaluation of policy and programming, and promotion of awareness. Southeastern will continue to host and promote alcohol-free events and housing, and promote student learning opportunities in regard to alcohol and drug abuse. Southeastern is committed to offering primary wellness and counseling options to students who are at risk or abusing alcohol and other drugs.

As codified in local, state and federal laws, and the rules and regulations of the Regional University System of Oklahoma (RUSO), Southeastern Oklahoma State University prohibits the unlawful possession, use, or distribution of illicit drugs in buildings, facilities, grounds or other property owned and/or controlled by the University or as a part of the University activities. Additionally, no alcoholic beverages, including 3.2 beer, is allowed in student spaces on the Southeastern campus, including dorms, fraternities, sororities, stadiums/arenas, no matter the age or student status. Southeastern limits the advertising and alcohol related displays in residence halls and other student spaces through Residence Life policy and flyer approval procedure. We are committed to reporting all alcohol and drug related crimes through standard Clery Act procedure so that the campus community is aware of those incidents.

Student drug and alcohol policy provisions can be found in the Student Handbook, updated annually and available online at [<https://www.se.edu/studenthandbook/>]. Faculty policy provisions can be found in the Academic Policies and Procedures Manual, Section 7.1. [<https://www.se.edu/human-resources/wp-content/uploads/sites/28/2019/05/academic-policies-and-procedures-1.pdf>]. Staff policy provisions can be found Administrative Policies and Procedures Handbook [<https://www.se.edu/human-resources/wp-content/uploads/sites/28/2019/05/Employee-Handbook-Rev-11-09-2015-1.pdf>]. These drug and alcohol policies will be updated or reviewed, at a minimum, in response to data and information gathered through the biennial review process in accordance with this policy.

Students who are also employees may be held to the standards applicable in both sets of policies. In response to the passage of State Question 788, the medical Marijuana Legalization Initiative, Southwestern Oklahoma State University stakeholders met to discuss the possible implications and outcomes for the Southeastern community. During this meeting, discussion ranged from possible residential living and learning scenarios to classroom interactions. A secondary group, the student conduct committee, looked into possible policy and sanctioning fluctuations. In the end, it was concluded that no policy change will occur in that Southeastern receives federal funding and therefore must abide by the federal Drug Free Schools and Communities Act Amendments of 1989. Thus, Southeastern will continue to enforce its current policy related to the use, possession, or distribution of marijuana on its campus.

Drug and Alcohol Abuse Prevention Plan Administration

The Drug and Alcohol Abuse Prevention Program Committee must meet quarterly (or once a semester) to evaluate and discuss each component of our multifaceted and campus wide programs. This committee is housed in the Division for Student Affairs and convened by the Chief Student Affairs Officer or their designee. Members of the committee shall be drawn from Human Resources, Student Affairs, Athletics, Academics, and other departments as appropriate. The purpose of this committee will be to oversee the overall planning and implementation of all drug and alcohol abuse prevention components.

Education Programming Components

The Southeastern Oklahoma State University Counseling Center provides counseling services to students struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters. Their contact information shall be included in the annual DFSCA disclosure.

Safe Colleges. SafeColleges is an online educational program to address the unique challenges and responsibilities of college life for students surrounding alcohol and drugs. Currently, the program is utilized for sanctions related to drugs and alcohol; however, making the programs available to instructors in College Success class will begin in Fall 2019. The program is at no costs to students.

Learn to Live is a online supplement to counseling services. It provides Cognitive Behavioral Therapy (CBT) programs to our students all over the United States. Students participate in self-guided modular programs, including Substance Use. They screen for risk and the program recommends modules based on screening results. Individuals may also choose to take a program without it being recommended on the screening. Students who need additional support may also reach out to a program coach for guidance and support.

Student Health 101 is an online campus magazine to which Southeastern subscribes that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to <http://readsh101.com/se.html> and is delivered to student email inboxes monthly.

National College Health Assessment is completed every-other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

Springapalooza is an event that happens the week before spring break every year in the Atrium of the Student Union during the hours the cafeteria is serving dinner. During this time, students are educated on safety tips for various circumstances that could possibly leave them vulnerable to assault.

Camp SE is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

Classroom Instruction: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

Customized educational outreach is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

Mandatory Annual Notification Procedure

To comply with Part 86 of the Drug-Free Schools and Campuses Regulations, Southeastern will produce an annual notice to be communicated to all students, prospective students, faculty, and staff at the beginning of each Fall Semester. A similar notice shall also be communicated to any new and prospective students or employees who matriculate after the date of annual distribution. Distribution shall be in writing and may be accomplished through electronic communication unless the University has a reason to know that the individual cannot use that method of communication, in which case the communication shall be made in an alternative format. The annual notification shall include:

1. Southeastern's expected standards of conduct, including a summary of policy for alcohol and other drugs.
2. Possible legal sanctions for students, faculty, and staff for violation of the expected standards of conduct.
3. Statements or summaries of the health risks associated with the abuse of alcohol and other drugs.
4. Southeastern's DAAPP shall be available to students, staff, and faculty.
5. Southeastern's institutional sanctions for violation of the expected standards of conduct.

The Chief Student Affairs Officer shall designate an individual responsible for this annual notification to the campus community.

Biennial Review Policy and Procedure

To comply with regulations, Southeastern must conduct a biennial review of its DAAPP in order to determine effectiveness and consistency of sanction enforcement, and in order to identify any necessary changes and/or improvements. A copy of the biennial review report shall be communicated to the U.S. Department of Education or its representative upon request. The Chief Student Affairs Officer shall assemble a committee of appropriate personnel and/or stakeholders to produce the biennial review report in a timely manner, or shall designate an individual to do so. This committee shall meet throughout June of each year and plan to produce a report by July 15 of each odd numbered year.

- The biennial review shall include:
 - An inventory and description of applicable drug and alcohol policies, programming, metrics associated with various programming models used, and student conduct metrics applicable to the two-year period.
 - A summary of policy and program areas that need improvement, and explanations of policy and programs that should remain unchanged.
 - A copy of the two most recent mandatory annual notifications. ○
 - A review of the distribution of the mandatory annual notifications and whether the distribution was successful.
 - Recommendations for revision of DAAPP policy or the language of the annual notification.
 - Discussion of sanctions and the consistency of sanctioning procedure and outcomes.
 - A summary of any available student or staff self-reporting on drug and alcohol usage and abuse.
 - AHCA data.

Calendar of the Biennial Review procedure:

- June 1 (of each year): Chief Student Affairs Officer requests to various campus offices for information about their portion of the DAAPP, including statistical data. The review committee shall be assembled and begin evaluating this information in regularly scheduled meetings.
- July 15 (odd numbered years): Production of the Biennial Review Report, complete with recommendations of improvements to the DAAPP.
- August 1: (odd numbered years): The Biennial Review Report shall be made available to all members of the campus community and the Federal Department of Education.

Findings of the 2021 Biennial Review Report of the Southeastern Oklahoma State University's Drug and Alcohol Abuse Prevention Programs:

After reviewing the information collected on all drug and alcohol abuse and prevention across the University landscape, we have determined that our educational programming and awareness efforts have benefitted from a centralized strategy. The coordination recommended in the 2015 and 2017 Biennial Reviews have strengthened the overall program. Policy, sanctioning and disclosures have been integrated into standard operating procedure and clear lines of responsibility have been established. The following conclusion can be made:

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- A review of current education modules should be done annually with updates and additions made prior to each academic year.
- Continuing research and discussions must be had as the new medical marijuana laws are implemented. Attention will be given to best practices regarding the policy, practice and implementation of these laws.



Southeastern Oklahoma
State University

DRUG FREE SCHOOLS AND COMMUNITIES ACT NOTIFICATION

Dear Southeastern Students, Faculty, Staff, and Community,

The Drug-Free Schools and Communities Act Amendments of 1989 require that the University must advise faculty, staff and students of relevant laws pertaining to the illicit manufacture, possession, distribution, and usage of drugs and alcohol. This disclosure is to notify you of penalties for violations of Oklahoma and Federal statutes, the health risks associated with the usage of controlled substances, and the student conduct penalties associated with the manufacture, possession, distribution, and usage of controlled substances.

Standards of Conduct and Institutional Sanctions

Student Conduct:

In accordance with the Student Handbook and Code of Conduct, The use, possession, manufacturing, distribution, and/or being under the influence of alcoholic beverages and/or low point beer, as defined by Oklahoma Law, on the campus or at any on-campus activity sponsored by or for a student organization or any other university sponsored activity for students is not permitted. The use, possession, manufacturing, distribution and/or being under the influence of controlled dangerous substances, or controlled substances as defined by Oklahoma law, except as expressly permitted by law and/or University policy is not permitted. The inappropriate use, misuse, or abuse of prescription or over-the counter medications is forbidden.

Student Sanctions:

The violation of this student policy can result in reprimand, conduct probation, removal from residence halls, mandatory treatment or rehabilitation at the student's own expense, and can result in sanctions up to and including suspension or expulsion from the university.

Faculty Conduct:

In accordance with the Academic Policies and Procedures Manual, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Employees who are under the influence of

alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university

employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Faculty Sanctions:

Such conditions will be proper cause for disciplinary action including employment probation, mandatory treatment or rehabilitation at the employees own expense, and up to and including termination of employment.

Staff Conduct:

In accordance with the Administrative, Professional, and Support Staff Handbook, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Staff Sanctions:

Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Violation of conduct standards are cause for disciplinary action up to and including termination of employment. University officials reserve the right to require drug testing when there is reasonable cause to believe that an employee is under the influence of drugs.

Medical Marijuana Statement:

In June 2018 , State Question 788 became law in Oklahoma. This state question was an initiative to legalize medical marijuana. Despite the passage of State Question 788, the use, possession, sale, or distribution of marijuana (including medical marijuana, edibles, and products containing marijuana) on any university owned or controlled property or at any university event remains illegal pursuant to the Controlled Substances Act, the Drug Free Schools and Communities Act, and the Drug Free Workplace Act and against Regional University System of Oklahoma (RUSO) policy. You may not bring marijuana on any university property or to any university event, smoke or consume marijuana or any product containing marijuana on any university property or at any university event, and you may not come to class or work under the influence of any illegal substance including marijuana.

Even though medical marijuana is now legal under Oklahoma law, it remains illegal under federal law. As a recipient of federal funding, Southeastern Oklahoma State University must abide by federal law which prohibits the unlawful manufacture, distribution, possession, and use of illegal drugs including medical marijuana.

Regardless of having a license for medical marijuana, its use on campus or at university events is strictly prohibited and violation of RUSO policy regarding controlled substances such as marijuana may result in disciplinary action.

Relevant State and Federal Laws

Students, faculty, and staff who violate Southeastern's drug and alcohol policies are simultaneously subject to criminal sanctions provided by federal, state, and local law. This is a summary of those legal sanctions:

FEDERAL LAWS:

Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana)				
Schedule	Substance/Quantity	Penalty	Substance/Quantity	Penalty
II	Cocaine 500-4999 grams mixture	First Offense: Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense: Not less than 10 yrs. and not	Cocaine 5 kilograms or more mixture	First Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.
II	Cocaine Base 28-279 grams mixture		Cocaine Base 280 grams or more mixture	
IV	Fentanyl 40-399 grams mixture		Fentanyl 400 grams or more mixture	
I	Fentanyl Analogue 10-99 grams mixture		Fentanyl Analogue 100 grams or more mixture	
I	Heroin 100-999 grams mixture		Heroin 1 kilogram or more mixture	

I	LSD 1-9 grams mixture	more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.	LSD 10 grams or more mixture	Second Offense: Not less than 15 yrs, and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual. 2 or More Prior Offenses: Not less than 25 yrs. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
II	Methamphetamine 5-49 grams pure or 50-499 grams mixture		Methamphetamine 50 grams or more pure or 500 grams or more mixture	
II	PCP 10-99 grams pure or 100-999 grams mixture		PCP 100 grams or more pure or 1 kilogram or more mixture	
Substance/Quantity		Penalty		
Any Amount Of Other Schedule I & II Substances		First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than Life. Fine \$1 million if an individual, \$5 million if not an individual.		
Any Drug Product Containing Gamma Hydroxybutyric Acid		Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual.		
Flunitrazepam (Schedule IV) 1 Gram				
Any Amount Of Other Schedule III Drugs		First Offense: Not more than 10 yrs. If death or serious bodily injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.		
Any Amount Of All Other Schedule IV Drugs (other than one gram or more of Flunitrazepam)		First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.		
Any Amount Of All Schedule V Drugs		First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual.		

	Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.
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Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil, Schedule I Substances	
Marijuana 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants	First Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual. Second Offense: Not less than 15 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
Marijuana 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants	First Offense: Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual. Second Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50million if other than an individual.
Marijuana 50 to 99 kilograms marijuana mixture, 50 to 99 marijuana plants	First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual. Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
Hashish More than 10 kilograms	
Hashish Oil More than 1 kilogram	
Marijuana less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants	First Offense: Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual. Second Offense: Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.
Hashish 10 kilograms or less	
Hashish Oil 1 kilogram or less	

The Federal statute encompassing the information in the above table is 21 USCA sec. 841. For a detailed and comprehensive overview of all Federal drug laws written by the Congressional Research Service, visit: <https://www.fas.org/sgp/crs/misc/RL30722.pdf>

OKLAHOMA LAWS:

Legal Authority	Crime	Sanction Authority	Sanctions
Title 37A O.S. §6-101(A)(1)	Knowingly sell, deliver, or furnish alcoholic beverages to any person under 21 years of age	37A O.S. §6-120	1 st offense: Misdemeanor (I\1). Up to \$500 fine and/or up to 1 year imprisonment; 2nd offense: (F) fine between \$2,500 -\$5,000 and/or up to 5 years in state penitentiary
Title 37A O.S. § 6-101(A)(8)	Consumption of spirits in public places and public intoxication by any person.	37A O.S § 6-125(A)	(M) Up to \$500 fine and/or imprisonment up to 6 months
Title 10A O.S. § 2-8-222	Intoxicating Beverages - Possession by Person Under Age 21 - Unlawful	10A O.S. § 2-8-223	(M) Up to \$100 fine and/or up to 30 days imprisonment
Title 37A O.S. §6-101(A)(7)	Knowingly transporting in any vehicle any alcoholic beverage except in the original unopened container unless the container is in the rear or trunk compartment not accessible to the driver while the vehicle is in motion	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment
Title 37A O.S. §6-101(A)(13)	Knowingly and willfully permitting anyone under 21 who is an invitee to the person's residence or property to possess alcoholic beverages or controlled dangerous substances or any combination.	37A O.S. §6-101(B) and (C)	1 st offense: (M). Up to \$500 fine 2nd offense within 10 years of 1 st offense: (M) Up to \$1,000 fine 3rd offense within 10 years of 2 or more offenses: (F) Up to \$2,500 and/or imprisonment up to 5 yrs. If actions cause great bodily harm or death, (F) not less than \$2500 nor more than \$5000, or not more than 5 years imprisonment, or both.
Title 37A O.S. § 6-101(A)(9)	Forcibly Resisting Arrest	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment
Title 37A O.S. § 6-119(A)	Person Under 21 Presenting False Identification	37A O.S. § 6-119(A) and (B)	(M) Up to \$50 fine and license may be suspended for 1 year or until person is 21 years of age, whichever is longer.
Title 37A O.S. § 6-125	Violation of any provision of the Oklahoma Beverage Control Act	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment
Title 47 O.S. § 11-902	Persons Under the Influence of Alcohol or Other Intoxicating Substances or Combination Thereof	47 O.S. § 11-902 (C) and (G)	1 st Offense:(M) Up to \$1000 fine and 10 days to 1 year imprisonment and an assessment.

			<p>Znd Offense within 10 years of 1st: (F) Treatment and/or up to \$2500 fine and/or 1-5 years imprisonment and assessment. If treatment does not include at least a 5 day residential or inpatient stay, person shall serve at least 5 days imprisonment.</p> <p>3rd Offense after previous felony offense: (F) Treatment and/or up to \$5000 fine and/or 1-10 years imprisonment, assessment, 240 hours of community services, and ignition interlock device. If treatment does not include at least a 10 day residential or inpatient stay, person shall serve at least 10 days imprisonment.</p> <p>4th Offense after two previous felonies under this section: Treatment, 1 year supervisions and periodic testing, 480 hours community service, ignition interlock device, 1-20 years imprisonment and/or up to \$5000 fine. If treatment does not include at least 10 days residential or inpatient stay, person shall serve at least 10 days imprisonment.</p>
Title 47 O.S. § 11-902 D	Driving Under Influence with a Blood or Breath Alcohol Concentration of fifteen-hundredths (0.15)	Title 47 O.S. § 11-902 D	Punishment under this Section includes the following range: Assessment and treatment, and/or up to \$5000, and/or range of imprisonment no less than 10 days up to 20 years, 480 hours community service, at least 1 year of supervision, periodic testing, and ignition interlock device.
Title 47 O.S. § 11-903	Negligent Homicide	47 O.S. § 11-903 (B)	(M) \$1000 fine and/or up to 1 year imprisonment, plus revocation of driver's license or \$2000 if records of traffic offense within 3 years prior to conviction under this Section
Title 47 O.S. § 11-904A	Person Involved in Personal Injury Accident While Under the	47 O.S. § 11-904A (1-2)	1st Offense: (M) Up to \$2500 fine and 90 days to 1 year imprisonment

	Influence of Alcohol or Other Intoxicating Substance		2 nd Offense: (F) Up to \$5000 fine and 1-5 years imprisonment
Title 47 O.S. §11-904B	Person Involved in Personal Injury Accident While Under the Influence of Alcohol or Other Intoxicating Substance	47 O.S. §11-904B	(F) Up to \$5000 fine and 4-20 years imprisonment
Title 47 O.S. § 11-906.4	Operating or being in Actual Physical Control of Motor Vehicle While Under the Influence While Under Age	47 O.S. § 11-906.4 (B-D)	If under the age of 21, 1 st Offense: \$100-500 and/or 20 hours community service, and/or treatment program, plus revocation of license for 180 days. 2 nd Offense: \$100-\$1000 fine, at least 240 hours of community service, ignition interlock device not less than 30 days, and revocation of driver's license for 1 year 3 rd Offense: \$100-\$2000 fine, treatment program upon assessment, at least 480 hours of community service, ignition interlock device for period not less than 30 days, and revocation of driver's license for 3 years Additional charges available depending on facts
Title 63 O.S. § 2-101 et seq.	Uniform Controlled Dangerous Substances Act	63 O.S. §§	Widely varies
Title 63 O.S. § 2-	Trafficking in Illegal Drugs Act	2-	Widely varies

Health Risks Associated with Alcohol and Other Drugs

Table

SOURCE: DEA, <i>Drugs of Abuse</i> , 2011				Dependence							
Drugs	CSA Schedules	Trade or Other Names	Medical Uses	Physical	Psycho-logical	Tolerance	Duration (Hours)	Usual Method	Possible Effects	Effects of Overdose	Withdrawal Syndrome
Narcotics											
Heroin	Substance I	Diamorphine, Horse, Smack, Black tar, <i>Chiva</i> , <i>Negra</i> (<i>black tar</i>)	None in U.S., Analgesic, Antitussive	High	High	Yes	3-4	Injected, snorted, smoked	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea	Slow and shallow breathing, clammy skin, convulsions, coma, possible death	Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills and sweating
Morphine	Substance II	MS-Contin, Roxanol, Oramorph SR, MSIR	Analgesic	High	High	Yes	3-12	Oral, injected			
Hydrocodone	Substance II, Product III, V	Hydrocodone w/ Acetaminophen, Vicodin, Vicoprofen, Tussionex, Lortab	Analgesic, Antitussive	High	High	Yes	3-6	Oral			
Hydro-morphone	Substance II	Dilaudid	Analgesic	High	High	Yes	3-4	Oral, injected			
Oxycodone	Substance II	Roxicet, Oxycodone w/ Acetaminophen, OxyContin, Endocet, Percocet, Percodan	Analgesic	High	High	Yes	3-12	Oral			
Codeine	Substance II, Products III, V	Acetaminophen, Guaifenesin or Promethazine w/Codeine, Fiorinal, Fioricet or Tylenol w/Codeine	Analgesic, Antitussive	Moderate	Moderate	Yes	3-4	Oral, injected			

Other Narcotics	Substance II, III, IV	Fentanyl, Demerol, Methadone, Darvon, Stadol, Talwin, Paregoric, Buprenex	Analgesic, Antidiarrheal, Antitussive	High-Low	High-Low	Yes	Variable	Oral, injected, snorted, smoked			
Depressants											
<i>gamma</i> Hydroxybutyric Acid	Substance I, Product III	GHB, Liquid Ecstasy, Liquid X, Sodium Oxybate, Xyrem®	None in U.S., Anesthetic	Moderate	Moderate	Yes	3-6	Oral	Slurred speech, disorientation, drunken behavior without odor of alcohol, impaired memory of events, interacts with alcohol	Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death	Anxiety, insomnia, tremors, delirium, convulsions, possible death
Benzodiazepines	Substance IV	Valium, Xanax, Halcion, Ativan, Restoril, Rohypnol (Roofies, R-2), Klonopin	Antianxiety, Sedative, Anti-convulsant, Hypnotic, Muscle Relaxant	Moderate	Moderate	Yes	1-8	Oral, injected			
Other Depressants	Substance I, II, III, IV	Ambien, Sonata, Meprobamate, Chloral Hydrate, Barbiturates, Methaqualone (Quaalude)	Antianxiety, Sedative, Hypnotic	Moderate	Moderate	Yes	2-6	Oral			
Stimulants											
Cocaine	Substance II	Coke, Flake, Snow, Crack, <i>Coca, Blanca, Perico, Nieve, Soda</i>	Local anesthetic	Possible	High	Yes	1-2	Snorted, smoked, injected	Increased alertness, excitation, euphoria, increased pulse rate & blood pressure, insomnia, loss of appetite	Agitation, increased body temperature, hallucinations, convulsions, possible death	Apathy, long periods of sleep, irritability, depression, disorientation
Amphetamine/ Meth-amphetamine	Substance II	Crank, Ice, Cristal, Krystal Meth, Speed, Adderall, Dexedrine, Desoxyn	Attention deficit/ hyperactivity disorder, narcolepsy, weight control	Possible	High	Yes	2-4	Oral, injected, smoked			
Methylphenidate	Substance II	Ritalin (Illy's), Concerta, Focalin, Metadate	Attention deficit/ hyperactivity disorder	Possible	High	Yes	2-4	Oral, injected, snorted, smoked			

Other Stimulants	Substance III, IV	Adipex P, Ionamin, Prelu-2, Didrex, Provigil	Vaso-constriction	Possible	Moderate	Yes	2-4	Oral			
Hallucinogens											
MDMA and Analogs	Substance I	(Ecstasy, XTC, Adam), MDA (Love Drug), MDEA (Eve), MBDB	None	None	Moderate	Yes	4-6	Oral, snorted, smoked	Heightened senses, teeth grinding and dehydration	Increased body temperature, electrolyte imbalance, cardiac arrest	Muscle aches, drowsiness, depression, acne
LSD	Substance I	Acid, Microdot, Sunshine, Boomers	None	None	Unknown	Yes	8-12	Oral	Illusions and hallucinations, altered perception of time and distance	(LSD) Longer, more intense "trip" episodes	None
Phencyclidine and Analogs	Substance I, II, III	PCP, Angel Dust, Hog, Loveboat, Ketamine (Special K), PCE, PCPy, TCP	Anesthetic (Ketamine)	Possible	High	Yes	1-12	Smoked, oral, injected, snorted		Unable to direct movement, feel pain, or remember	Drug seeking behavior *Not regulated
Other Hallucinogens	Substance I	Psilocybe mushrooms, Mescaline, Peyote Cactus, Ayahausca, DMT, Dextro-methorphan* (DXM)	None	None	None	Possible	4-8	Oral			
Cannabis											
Marijuana	Substance I	Pot, Grass, Sinsemilla, Blunts, <i>Mota, Yerba, Grifa</i>	None	Unknown	Moderate	Yes	2-4	Smoked, oral	Euphoria, relaxed inhibitions, increased appetite, disorientation	Fatigue, paranoia, possible psychosis	Occasional reports of insomnia, hyperactivity, decreased appetite
Tetrahydro-cannabinol	Substance I, Product III	THC, Marinol	Antinauseant, Appetite stimulant	Yes	Moderate	Yes	2-4	Smoked, oral			
Hashish and Hashish Oil	Substance I	Hash, Hash oil	None	Unknown	Moderate	Yes	2-4	Smoked, oral			
Anabolic Steroids											

Testosterone	Substance III	Depo Testosterone, Sustanon, Sten, Cypot	Hypogonadism	Unknown	Unknown	Unknown	14-28 days	Injected	Virilization, edema, testicular atrophy, gynecomastia, acne, aggressive behavior	Unknown	Possible depression
Other Anabolic Steroids	Substance III	Parabolan, Winstrol, Equipose, Anadrol, Dianabol, Primabolin-Depo, D-Ball	Anemia, Breast cancer	Unknown	Yes	Unknown	Variable	Oral, injected			
Inhalants											
Amyl and Butyl Nitrite		Pearls, Poppers, Rush, Locker Room	Angina (Amyl)	Unknown	Unknown	No	1	Inhaled	Flushing, hypotension, headache	Methemoglobinemia	Agitation
Nitrous Oxide		Laughing gas, balloons, Whippets	Anesthetic	Unknown	Low	No	0.5	Inhaled	Impaired memory, slurred speech, drunken behavior, slow onset vitamin deficiency, organ damage	Vomiting, respiratory depression, loss of consciousness, possible death	Trembling, anxiety, insomnia, vitamin deficiency, confusion, hallucinations, convulsions
Other Inhalants		Adhesives, spray paint, hair spray, dry cleaning fluid, spot remover, lighter fluid	None	Unknown	High	No	0.5-2	Inhaled			
Alcohol		Beer, wine, liquor	None	High	High	Yes	1-3	Oral			

Programs Available to Students Faculty and Staff

Education Programming Components

The Southeastern Oklahoma State University Counseling Center provides counseling services to students struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters. Their contact information shall be included in the annual DFSCA disclosure.

Safe Colleges is a mandatory program which educates students about the elements of healthy relationships, being a good communicator, understanding and reporting sexual assault, the importance of sexual consent, and the role of bystanders in creating safe, healthy communities.

Campus Well is an online campus magazine to which Southeastern subscribes that addresses a multitude of health related issues including drug and alcohol informational articles. This publication may be accessed by going to <http://readsh101.com/se.html> and is delivered to student email inboxes monthly.

National College Health Assessment is completed every-other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

Springalooza is an event that happens the week before spring break every year in the Atrium of the Student Union during the hours the cafeteria is serving dinner. During this time, students are educated on safety tips for various circumstances that could possibly leave them vulnerable to assault.

Camp SE is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

Classroom Instruction: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

Customized educational outreach is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

Counseling and Treatment Programs

Southeastern Oklahoma State University Counseling Center (students only)
Glen D Johnson Student Union, Suite 299
580-745-2988

Southeastern Oklahoma State University Student Health Services (students only)
Glen D Johnson Student Union, Suite 299
580-745-2988

Employee Assistance Program (faculty and staff only)
Provided through Standard Insurance Company: <https://www.workhealthlife.com/>

888-293-6948

Non-Campus Programs (external options)

Bryan County Health Department
580-924-4285

Bryan County Counseling Center
924-0564

Grayson County Counseling Services
903-892-2874

Grayson County Health Department
Administration and Services
903-893-0131 or 903-465-2878

Kiamichi Council on Alcoholism and Other Drug Abuse
580-286-3301

Alliance Health Durant
924-3080

Texas Substance Abuse Council
903-892-9911

Texoma Medical Center
903-416-4000

Non-Campus Hotlines

National Institute on Drug Abuse
1-800-662-HELP, Monday-Friday, 8:30 a.m.-4:30 p.m.

National Council on Alcoholism, 1-800-622-2255, 7 days a week, 24 hours a day

American Council for Drug Education, 1-800-488-DRUG

Reach-Out Hotline, 1-800-522-9054 (alcohol, drug crisis intervention, mental health, and referral)

Southeastern Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, sexual orientation, gender identity, or status as a veteran in any of its policies, practices or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

APPENDIX B

Note: Copies of this documents were emailed to all stakeholders on 8/1/2022; the document was posted on the University Website, and hard copies placed in the Office of the President, Campus Police and Office for Student Affairs.



Drug and Alcohol Abuse Prevention Program 2022

Southeastern Oklahoma State University believes that student success and achievement requires vigilance and effort on the part of the University to promote healthy living and learning. We affirm that we have a role in promoting an environment conducive to education and that actively discourages drug and alcohol abuse. We commit to prevention, developmental student conduct, and effective intervention for students at risk for these behaviors.

Southeastern Oklahoma State University is committed to compliance with the Drug Free Schools and Communities Act, and a campus culture that reduces alcohol and drug use, abuse, and illegal conduct. This commitment includes the development, enforcement, and continual evaluation of policy and programming, and promotion of awareness. Southeastern will continue to host and promote alcohol-free events and housing and promote student learning opportunities in regard to alcohol and drug abuse.

Southeastern is committed to offering primary wellness and counseling options to students who are at risk or abusing alcohol and other drugs.

As codified in local, state, and federal laws, and the rules and regulations of the Regional University System of Oklahoma (RUSO), Southeastern Oklahoma State University prohibits the unlawful possession, use, or distribution of illicit drugs in buildings, facilities, grounds or other property owned and/or controlled by the University or as a part of the University activities. Additionally, no alcoholic beverages, including 3.2 beer, is allowed in student spaces on the Southeastern campus, including dorms, fraternities, sororities, stadiums/arenas, no matter the age or student status. Southeastern limits the advertising and alcohol related displays in residence halls and other student spaces through Residence Life policy and flyer approval procedure. We are committed to reporting all alcohol and drug related crimes through standard Clery Act procedure so that the campus community is aware of those incidents.

Student drug and alcohol policy provisions can be found in the Student Handbook, updated annually and available online at [<https://www.se.edu/studenthandbook/>]. Faculty policy provisions can be found in the Academic Policies and Procedures Manual, Section 7.1. [<https://www.se.edu/humanresources/wp-content/uploads/sites/28/2019/05/academic-policies-and-procedures-1.pdf>]. Staff policy provisions can be found Administrative Policies and Procedures Handbook [<https://www.se.edu/human-resources/wp-content/uploads/sites/28/2019/05/Employee-HandbookRev-11-09-2015-1.pdf>]. These drug and alcohol policies will be updated or reviewed, at a minimum, in response to data and information gathered through the biennial review process in accordance with this policy.

Students who are also employees may be held to the standards applicable in both sets of policies. In response to the passage of State Question 788, the medical Marijuana Legalization Initiative, Southwestern Oklahoma State University stakeholders met to discuss the possible implications and outcomes for the Southeastern community. During this meeting, discussion ranged from possible residential living and learning scenarios to classroom interactions. A secondary group, the student conduct committee, investigated possible policy and sanctioning fluctuations. In the end, it was concluded that no policy change will occur in that Southeastern receives federal funding and therefore must abide by the federal Drug Free Schools and Communities Act Amendments of 1989. Thus, Southeastern will continue to enforce its current policy related to the use, possession, or distribution of marijuana on its campus.

Drug and Alcohol Abuse Prevention Plan Administration

The Drug and Alcohol Abuse Prevention Program Committee must meet quarterly (or once a semester) to evaluate and discuss each component of our multifaceted and campus wide programs. This committee is housed in the Division for Student Affairs and convened by the Chief Student Affairs Officer or their designee. Members of the committee shall be drawn from Human Resources, Student Affairs, Athletics, Academics, and other departments as appropriate. The purpose of this committee will be to oversee the overall planning and implementation of all drug and alcohol abuse prevention components.

Education Programming Components

The Southeastern Oklahoma State University Counseling Center provides counseling services to students struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters. Their contact information shall be included in the annual DFSCA disclosure.

Vector Solutions is an online educational program to address the unique challenges and responsibilities of college life for students surrounding alcohol and drugs. It also has an educational platform available to educate faculty and staff around substance use. Currently the program is utilized for sanctions related to drugs and alcohol. College Success instructors are made aware that the material may be utilized in their classes. The program is at no individual cost to the campus community.

Learn to Live is an online supplement to counseling services. It provides Cognitive Behavioral Therapy (CBT) programs to our students all over the United States. Students participate in self-guided modular programs, including Substance Use. They screen for risk and the program recommends modules based on screening results. Individuals may also choose to take a program without it being recommended on the screening. Students who need additional support may also reach out to a program coach for guidance and support.

Campus Well is an online campus magazine to which Southeastern subscribes that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to <http://readsh101.com/se.html> and is delivered to student email inboxes monthly.

National College Health Assessment is completed every-other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

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Camp SE is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

Classroom Instruction: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

Customized educational outreach is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

Mandatory Annual Notification Procedure

To comply with Part 86 of the Drug-Free Schools and Campuses Regulations, Southeastern will produce an annual notice to be communicated to all students, prospective students, faculty, and staff at the beginning of each Fall Semester. A similar notice shall also be communicated to any new and prospective students or employees who matriculate after the date of annual distribution. Distribution shall be in writing and may be accomplished through electronic communication unless the University has a reason to know that the individual cannot use that method of communication, in which case the communication shall be made in an alternative format. The annual notification shall include:

1. Southeastern's expected standards of conduct, including a summary of policy for alcohol and other drugs.
2. Possible legal sanctions for students, faculty, and staff for violation of the expected standards of conduct.
3. Statements or summaries of the health risks associated with the abuse of alcohol and other drugs.
4. Southeastern's DAAPP shall be available to students, staff, and faculty.
5. Southeastern's institutional sanctions for violation of the expected standards of conduct.

The Chief Student Affairs Officer shall designate an individual responsible for this annual notification to the campus community.

Biennial Review Policy and Procedure

To comply with regulations, Southeastern must conduct a biennial review of its DAAPP in order to determine effectiveness and consistency of sanction enforcement, and in order to identify any necessary changes and/or improvements. A copy of the biennial review report shall be communicated to the U.S. Department of Education or its representative upon request. The Chief Student Affairs Officer shall assemble a committee of appropriate personnel and/or stakeholders to produce the biennial review report in a timely manner, or shall designate an individual to do so. This committee shall meet throughout June of each year and plan to produce a report by July 15 of each odd numbered year.

- The biennial review shall include:
 - An inventory and description of applicable drug and alcohol policies, programming, metrics associated with various programming models used, and student conduct metrics applicable to the two-year period.
 - A summary of policy and program areas that need improvement, and explanations of policy and programs that should remain unchanged.
 - A copy of the two most recent mandatory annual notifications. ○ A review of the distribution of the mandatory annual notifications and whether the distribution was

- successful. ○ Recommendations for revision of DAAPP policy or the language of the annual notification.
- Discussion of sanctions and the consistency of sanctioning procedure and outcomes.
- A summary of any available student or staff self-reporting on drug and alcohol usage and abuse. ○ AHCA data.

Calendar of the Biennial Review procedure:

- June 1 (of each year): Chief Student Affairs Officer requests to various campus offices for information about their portion of the DAAPP, including statistical data. The review committee shall be assembled and begin evaluating this information in regularly scheduled meetings.
- July 15 (odd numbered years): Production of the Biennial Review Report, complete with recommendations of improvements to the DAAPP.
- August 1: (odd numbered years): The Biennial Review Report shall be made available to all members of the campus community and the Federal Department of Education.

Findings of the 2021 Biennial Review Report of the Southeastern Oklahoma State University’s Drug and Alcohol Abuse Prevention Programs:

After reviewing the information collected on all drug and alcohol abuse and prevention across the University landscape, we have determined that our educational programming and awareness efforts have benefitted from a centralized strategy. The coordination recommended in the 2015 and 2017 Biennial Reviews have strengthened the overall program. Policy, sanctioning and disclosures have been integrated into standard operating procedure and clear lines of responsibility have been established. The following conclusion can be made:

- Each semester the DAAPP Committee members should review, evaluate and update each component of their drug and alcohol related programs.
- An annual review of policy and sanctioning regarding alcohol and drugs should be completed for alignment and should be submitted to the DAAPP committee by July 1 each year. Policies and practices will be updated in advance of the academic year.
- The non-student campus alcohol policies are underdeveloped and need to be revised.
- A review of current education modules should be done annually with updates and additions made prior to each academic year.
- Continuing research and discussions must be had as the new medical marijuana laws are implemented. Attention will be given to best practices regarding the policy, practice and implementation of these laws.



DRUG FREE SCHOOLS AND COMMUNITIES ACT NOTIFICATION

Dear Southeastern Students, Faculty, Staff, and Community,

The Drug-Free Schools and Communities Act Amendments of 1989 require that the University must advise faculty, staff and students of relevant laws pertaining to the illicit manufacture, possession, distribution, and usage of drugs and alcohol. This disclosure is to notify you of penalties for violations of Oklahoma and Federal statutes, the health risks associated with the usage of controlled substances, and the student conduct penalties associated with the manufacture, possession, distribution, and usage of controlled substances.

Standards of Conduct and Institutional Sanctions

Student Conduct:

In accordance with the Student Handbook and Code of Conduct, The use, possession, manufacturing, distribution, and/or being under the influence of alcoholic beverages and/or low point beer, as defined by Oklahoma Law, on the campus or at any on-campus activity sponsored by or for a student organization or any other university sponsored activity for students is not permitted. The use, possession, manufacturing, distribution and/or being under the influence of controlled dangerous substances, or controlled substances as defined by Oklahoma law, except as expressly permitted by law and/or University policy is not permitted. The inappropriate use, misuse, or abuse of prescription or over-the counter medications is forbidden.

Student Sanctions:

The violation of this student policy can result in reprimand, conduct probation, removal from residence halls, mandatory treatment or rehabilitation at the student's own expense, and can result in sanctions up to and including suspension or expulsion from the university.

Faculty Conduct:

In accordance with the Academic Policies and Procedures Manual, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Faculty Sanctions:

Such conditions will be proper cause for disciplinary action including employment probation, mandatory treatment or rehabilitation at the employees own expense, and up to and including termination of employment.

Staff Conduct:

In accordance with the Administrative, Professional, and Support Staff Handbook, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers' safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

Staff Sanctions:

Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Violation of conduct standards are cause for disciplinary action up to and including termination of employment. University officials reserve the right to require drug testing when there is reasonable cause to believe that an employee is under the influence of drugs.

Medical Marijuana Statement:

In June 2018 , State Question 788 became law in Oklahoma. This state question was an initiative to legalize medical marijuana. Despite the passage of State Question 788, the use, possession, sale, or distribution of marijuana (including medical marijuana, edibles, and products containing marijuana) on any university owned or controlled property or at any university event remains illegal pursuant to the Controlled Substances Act, the Drug Free Schools and Communities Act, and the Drug Free Workplace Act and against Regional University System of Oklahoma (RUSO) policy. You may not bring marijuana on any university property or to any university event, smoke or consume marijuana or any product containing marijuana on any university property or at any university event, and you may not come to class or work under the influence of any illegal substance including marijuana.

Even though medical marijuana is now legal under Oklahoma law, it remains illegal under federal law. As a recipient of federal funding, Southeastern Oklahoma State University must abide by federal law which prohibits the unlawful manufacture, distribution, possession, and use of illegal drugs including medical marijuana.

Regardless of having a license for medical marijuana, its use on campus or at university events is strictly prohibited and violation of RUSO policy regarding controlled substances such as marijuana may result in disciplinary action.

Relevant State and Federal Laws

Students, faculty, and staff who violate Southeastern's drug and alcohol policies are simultaneously subject to criminal sanctions provided by federal, state, and local law. This is a summary of those legal sanctions:

FEDERAL LAWS:

Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana)				
Schedule	Substance/Quantity	Penalty	Substance/Quantity	Penalty
II	Cocaine 500-4999 grams mixture	First Offense: Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual. Second Offense: Not less than 10 yrs. and not	Cocaine 5 kilograms or more mixture	First Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.
II	Cocaine Base 28-279 grams mixture		Cocaine Base 280 grams or more mixture	
IV	Fentanyl 40-399 grams mixture		Fentanyl 400 grams or more mixture	
I	Fentanyl Analogue 10-99 grams mixture		Fentanyl Analogue 100 grams or more mixture	
I	Heroin 100-999 grams mixture		Heroin 1 kilogram or more mixture	

I	LSD 1-9 grams mixture	more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50	LSD 10 grams or more mixture	Second Offense: Not less than 15 yrs, and not more than life. If death or serious bodily injury, life imprisonment.
II	Methamphetamine 5-49 grams pure or 50-499 grams mixture		Methamphetamine 50 grams or more pure or 500 grams or more mixture	

II	PCP 10-99 grams pure or 100-999 grams mixture	million if not an individual.	PCP 100 grams or more pure or 1 kilogram or more mixture	Fine of not more than \$20 million if an individual, \$75 million if not an individual. 2 or More Prior Offenses: Not less than 25 yrs. Fine of not more than \$20 million if an individual, \$75 million if not an individual.
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Substance/Quantity	Penalty
Any Amount Of Other Schedule I & II Substances	First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than Life. Fine \$1 million if an individual, \$5 million if not an individual. Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual.
Any Drug Product Containing Gamma Hydroxybutyric Acid	
Flunitrazepam (Schedule IV) 1 Gram	
Any Amount Of Other Schedule III Drugs	First Offense: Not more than 10 yrs. If death or serious bodily injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.
Any Amount Of All Other Schedule IV Drugs (other than one gram or more of Flunitrazepam)	First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.
Any Amount Of All Schedule V Drugs	First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual.

	Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.
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Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil, Schedule I Substances	
Marijuana 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants	<p>First Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.</p> <p>Second Offense: Not less than 15 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.</p>
Marijuana 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants	<p>First Offense: Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.</p> <p>Second Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50million if other than an individual.</p>
Marijuana 50 to 99 kilograms marijuana mixture, 50 to 99 marijuana plants	<p>First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.</p> <p>Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.</p>
Hashish More than 10 kilograms	
Hashish Oil More than 1 kilogram	
Marijuana less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants	<p>First Offense: Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.</p> <p>Second Offense: Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.</p>
Hashish 10 kilograms or less	
Hashish Oil 1 kilogram or less	

The Federal statute encompassing the information in the above table is 21 USCA sec. 841. For a detailed and comprehensive overview of all Federal drug laws written by the Congressional Research Service, visit: <https://www.fas.org/sgp/crs/misc/RL30722.pdf> **OKLAHOMA LAWS:**

Legal Authority	Crime	Sanction Authority	Sanctions
Title 37A O.S. §6-101(A)(1)	Knowingly sell, deliver, or furnish alcoholic beverages to any person under 21 years of age	37A O.S. §6-120	1 st offense: Misdemeanor (I1). Up to \$500 fine and/or up to 1 year imprisonment; 2nd offense: (F) fine between \$2,500 -\$5,000 and/or up to 5 years in state penitentiary
Title 37A O.S. § 6-101(A)(8)	Consumption of spirits in public places and public intoxication by any person.	37A O.S § 6-125(A)	(M) Up to \$500 fine and/or imprisonment up to 6 months
Title 10A O.S. § 2-8-222	Intoxicating Beverages - Possession by Person Under Age 21 - Unlawful	10A O.S. § 2-8-223	(M) Up to \$100 fine and/or up to 30 days imprisonment
Title 37A O.S. §6-101(A)(7)	Knowingly transporting in any vehicle any alcoholic beverage except in the original unopened container unless the container is in the rear or trunk compartment not accessible to the driver while the vehicle is in motion	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment
Title 37A O.S. §6-101(A)(13)	Knowingly and willfully permitting anyone under 21 who is an invitee to the person's residence or property to possess alcoholic beverages or controlled dangerous substances or any combination.	37A O.S. §6-101(B) and (C)	1 st offense: (M). Up to \$500 fine 2nd offense within 10 years of 1 st offense: (M) Up to \$1,000 fine 3rd offense within 10 years of 2 or more offenses: (F) Up to \$2,500 and/or imprisonment up to 5 yrs. If actions cause great bodily harm or death, (F) not less than \$2500 nor more than \$5000, or not more than 5 years imprisonment, or both.
Title 37A O.S. § 6-101(A)(9)	Forcibly Resisting Arrest	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment
Title 37A O.S. § 6-119(A)	Person Under 21 Presenting False Identification	37A O.S. § 6-119(A) and (B)	(M) Up to \$50 fine and license may be suspended for 1 year or until person is 21 years of age, whichever is longer.
Title 37A O.S. § 6-125	Violation of any provision of the Oklahoma Beverage Control Act	37A O.S. § 6-125(A)	(M) Up to \$500 fine and/or up to 6 months imprisonment

Title 47 O.S. § 11-902	Persons Under the Influence of Alcohol or Other Intoxicating Substances or Combination Thereof	47 O.S. § 11-902 (C) and (G)	1 st Offense:(M) Up to \$1000 fine and 10 days to 1 year imprisonment and an assessment.
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			<p>2nd Offense within 10 years of 1st: (F) Treatment and/or up to \$2500 fine and/or 1-5 years imprisonment and assessment. If treatment does not include at least a 5 day residential or inpatient stay, person shall serve at least 5 days imprisonment.</p> <p>3rd Offense after previous felony offense: (F) Treatment and/or up to \$5000 fine and/or 1-10 years imprisonment, assessment, 240 hours of community services, and ignition interlock device. If treatment does not include at least a 10 day residential or inpatient stay, person shall serve atleast 10 days imprisonment.</p> <p>4th Offense after two previous felonies under this section: Treatment, 1 year supervisions and periodic testing, 480 hours community service, ignition interlock device, 1-20 years imprisonment and/or up to \$5000 fine. If treatment does not include at least 10 days residential or inpatient stay, person shall serve at least 10 days imprisonment.</p>
Title 47 O.S. § 11-902 D	Driving Uoder Influence with a Blood or Breath Alcohol Concentration of fifteen-hundredths (0.15)	Title 47 O.S. § 11-902 D	Punishment under this Section includes the following range: Assessment and treatment, and/or up to \$5000, and/or range of imprisonment no less than 10 days up to 20 years, 480 hours community service, at least 1 year of supervision, periodic testing, and ignition interlock device.
Title 47 O.S. § 11-903	Negligent Homicide	47 O.S. § 11-903 (B)	(M) \$1000 fine and/or up to 1year imprisonment, plus revocation of driver's license or \$2000 if records of traffic offense within 3 years prior to conviction under this Section

Title 47 O.S. § 11-904A	Person Involved in Personal Injury Accident While Under the	47 O.S. § 11-904A (1-2)	1st Offense: (M) Up to \$2500 fine and 90 days to 1 year imprisonment
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	Influence of Alcohol or Other Intoxicating Substance		2 nd Offense: (F) Up to \$5000 fine and 1-5 years imprisonment
Title 47 O.S. §11-904B	Person Involved in Personal Injury Accident While Under the Influence of Alcohol or Other Intoxicating Substance Causing	47 O.S. §11-904B	(F) Up to \$5000 fine and 4-20 years imprisonment
Title 47 O.S. § 11-906.4	Operating or being in Actual Physical Control of Motor Vehicle While Under the Influence While Under Age	47 O.S. § 11-906.4 (B-D)	If under the age of 21, p ^r Offense: \$100-500 and/or 20 hours community service, and/or treatment program, plus revocation of license for 180 days. 2 nd Offense: \$100-\$1000 fine, at least 240 hours of community service, ignition interlock device not less than 30 days, and revocation of driver's license for 1 year 3 rd Offense: \$100-\$2000 fine, treatment program upon assessment, at least 480 hours of community service, ignition interlock device for period not less than 30 days, and revocation of driver's license for 3 years Additional charges available depending on facts
Title 63 O.S. § 2-101 et seq.	Uniform Controlled Dangerous Substances Act	63 O.S. §§ 2-401 through 2-413	Widely varies with offense
Title 63 O.S. § 2-414 et seq.	Trafficking in Illegal Drugs Act	63 O.S. § 2-415, 2-416	Widely varies with offense

Health Risks Associated with Alcohol and Other Drugs

Table

SOURCE: DEA, <i>Drugs of Abuse</i> , 2011				Dependence							
Drugs	CSA Schedules	Trade or Other Names	Medical Uses	Physical	Psycho-logical	Tolerance	Duration (Hours)	Usual Method	Possible Effects	Effects of Overdose	Withdrawal Syndrome
Narcotics											
Heroin	Substance I	Diamorphine, Horse, Smack, Black tar, <i>Chiva, Negra (black tar)</i>	None in U.S., Analgesic, Antitussive	High	High	Yes	3-4	Injected, snorted, smoked	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea	Slow and shallow breathing, clammy skin, convulsions, coma, possible death	Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills and sweating
Morphine	Substance II	MS-Contin, Roxanol, Oramorph SR, MSIR	Analgesic	High	High	Yes	3-12	Oral, injected			
Hydrocodone	Substance II, Product III, V	Hydrocodone w/ Acetaminophen, Vicodin, Vicoprofen, Tussionex, Lortab	Analgesic, Antitussive	High	High	Yes	3-6	Oral			
Hydro-morphone	Substance	Dilaudid	Analgesic	High	High	Yes	3-4	Oral,			

	II							injected			
Oxycodone	Substance II	Roxicet, Oxycodone w/ Acetaminophen, OxyContin, Endocet, Percocet, Percodan	Analgesic	High	High	Yes	3-12	Oral			
Codeine	Substance II, Products III, V	Acetaminophen, Guaifenesin or Promethazine w/Codeine, Fiorinal, Fioricet or Tylenol w/Codeine	Analgesic, Antitussive	Moderate	Moderate	Yes	3-4	Oral, injected			
Other Narcotics	Substance II, III, IV	Fentanyl, Demerol, Methadone, Darvon, Stadol, Talwin, Paregoric, Buprenex	Analgesic, Antidiarrheal, Antitussive	High-Low	High-Low	Yes	Variable	Oral, injected, snorted, smoked			
Depressants											
<i>gamma</i> Hydroxybutyric Acid	Substance I, Product III	GHB, Liquid Ecstasy, Liquid X, Sodium Oxybate, Xyrem®	None in U.S., Anesthetic	Moderate	Moderate	Yes	3-6	Oral	Slurred speech, disorientation, drunken behavior	Shallow respiration, clammy skin, dilated pupils, weak and	Anxiety, insomnia, tremors,

Benzodiazepines	Substance IV	Valium, Xanax, Halcion, Ativan, Restoril, Rohypnol (Roofies, R-2), Klonopin	Antianxiety, Sedative, Anti-convulsant, Hypnotic, Muscle Relaxant	Moderate	Moderate	Yes	1-8	Oral, injected	without odor of alcohol, impaired memory of events, interacts with alcohol	rapid pulse, coma, possible death	delirium, convulsions, possible death
Other Depressants	Substance I, II, III, IV	Ambien, Sonata, Meprbamate, Chloral Hydrate, Barbiturates, Methaqualone (Quaalude)	Antianxiety, Sedative, Hypnotic	Moderate	Moderate	Yes	2-6	Oral			
Stimulants											
Cocaine	Substance II	Coke, Flake, Snow, Crack, <i>Coca, Blanca, Perico, Nieve, Soda</i>	Local anesthetic	Possible	High	Yes	1-2	Snorted, smoked, injected	Increased alertness, excitation, euphoria, increased pulse rate & blood pressure, insomnia, loss of appetite	Agitation, increased body temperature, hallucinations, convulsions, possible death	Apathy, long periods of sleep, irritability, depression, disorientation
Amphetamine/ Meth-amphetamine	Substance II	Crank, Ice, Cristal, Krystal Meth, Speed, Adderall, Dexedrine, Desoxyn	Attention deficit/ hyperactivity disorder, narcolepsy, weight control	Possible	High	Yes	2-4	Oral, injected, smoked			
Methylphenidate	Substance II	Ritalin (Illy's), Concerta, Focalin, Metadate	Attention deficit/ hyperactivity	Possible	High	Yes	2-4	Oral, injected, snorted,			

			disorder					smoked			
Other Stimulants	Substance III, IV	Adipex P, Ionamin, Prelu-2, Didrex, Provigil	Vaso-constriction	Possible	Moderate	Yes	2-4	Oral			
Hallucinogens											
MDMA and Analogs	Substance I	(Ecstasy, XTC, Adam), MDA (Love Drug), MDEA (Eve), MBDB	None	None	Moderate	Yes	4-6	Oral, snorted, smoked	Heightened senses, teeth grinding and dehydration	Increased body temperature, electrolyte imbalance, cardiac arrest	Muscle aches, drowsiness, depression, acne
LSD	Substance I	Acid, Microdot, Sunshine, Boomers	None	None	Unknown	Yes	8-12	Oral	Illusions and hallucinations, altered perception of time and distance	(LSD) Longer, more intense "trip" episodes	None
Phencyclidine and Analogs	Substance I, II, III	PCP, Angel Dust, Hog, Loveboat, Ketamine (Special K), PCE, PCPy, TCP	Anesthetic (Ketamine)	Possible	High	Yes	1-12	Smoked, oral, injected, snorted		Unable to direct movement, feel pain, or remember	Drug seeking behavior *Not regulated

Other Hallucinogens	Substance I	Psilocybe mushrooms,	None								
		Mescaline, Peyote Cactus, Ayahuasca, DMT, Dextro-methorphan* (DXM)		None	None	Possible	4-8	Oral			
Cannabis											
Marijuana	Substance I	Pot, Grass, Sinsemilla, Blunts, <i>Mota, Yerba, Grifa</i>	None	Unknown	Moderate	Yes	2-4	Smoked, oral	Euphoria, relaxed inhibitions, increased appetite, disorientation	Fatigue, paranoia, possible psychosis	Occasional reports of insomnia, hyperactivity, decreased appetite
Tetrahydro-cannabinol	Substance I, Product III	THC, Marinol	Antinauseant, Appetite stimulant	Yes	Moderate	Yes	2-4	Smoked, oral			
Hashish and Hashish Oil	Substance I	Hash, Hash oil	None	Unknown	Moderate	Yes	2-4	Smoked, oral			
Anabolic Steroids											
Testosterone	Substance III	Depo Testosterone, Sustanon, Sten, Cypt	Hypogonadism	Unknown	Unknown	Unknown	14-28 days	Injected	Virilization, edema, testicular atrophy, gyneco- mastia, acne, aggressive behavior	Unknown	Possible depression
Other Anabolic Steroids	Substance III	Parabolan, Winstrol, Equipose, Anadrol, Dianabol, Primabolin- Depo, D-Ball	Anemia, Breast cancer	Unknown	Yes	Unknown	Variable	Oral, injected			
Inhalants											

Amyl and Butyl Nitrite		Pearls, Poppers, Rush, Locker Room	Angina (Amyl)	Unknown	Unknown	No	1	Inhaled	Flushing, hypotension, headache	Methemoglobinemia	Agitation
Nitrous Oxide		Laughing gas, balloons, Whippets	Anesthetic	Unknown	Low	No	0.5	Inhaled	Impaired memory, slurred speech, drunken behavior, slow onset vitamin deficiency, organ damage	Vomiting, respiratory depression, loss of consciousness, possible death	Trembling, anxiety, insomnia, vitamin deficiency, confusion, hallucinations, convulsions
Other Inhalants		Adhesives, spray paint, hair spray, dry cleaning fluid, spot remover, lighter fluid	None	Unknown	High	No	0.5-2	Inhaled			
Alcohol		Beer, wine, liquor	None	High	High	Yes	1-3	Oral			

Programs Available to Students Faculty and Staff

Education Programming Components

The Southeastern Oklahoma State University Counseling Center provides counseling services to students struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters. Their contact information shall be included in the annual DFSCA disclosure.

Vector Solutions is an online educational program to address the unique challenges and responsibilities of college life for students surrounding alcohol and drugs. It also has an educational platform available to educate faculty and staff around substance use. Currently the program is utilized for sanctions related to drugs and alcohol. College Success instructors are made aware that the material may be utilized in their classes. The program is at no individual cost to the campus community.

Learn to Live is an online supplement to counseling services. It provides Cognitive Behavioral Therapy (CBT) programs to our students all over the United States. Students participate in self-guided modular programs, including Substance Use. They screen for risk and the program recommends modules based on screening results. Individuals may also choose to take a program without it being recommended on the screening. Students who need additional support may also reach out to a program coach for guidance and support.

Campus Well is an online campus magazine to which Southeastern subscribes that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to <http://readsh101.com/se.html> and is delivered to student email inboxes monthly.

National College Health Assessment is completed every-other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

Springapalooza is an event that happens the week before spring break every year in the Atrium of the Student Union during the hours the cafeteria is serving dinner. During this time, students are educated on safety tips for various circumstances that could possibly leave them vulnerable to assault.

Camp SE is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

Classroom Instruction: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

Customized educational outreach is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

Counseling and Treatment Programs

Southeastern Oklahoma State University Counseling Center (students only)
Glen D Johnson Student Union, Suite 299
580-745-2988

Southeastern Oklahoma State University Student Health Services (students only)
Glen D Johnson Student Union, Suite 299
580-745-2988

Employee Assistance Program (faculty and staff only)
Provided through Standard Insurance Company: <https://www.workhealthlife.com/>
888-293-6948

Non-Campus Programs (external options)

Bryan County Health
Department 580-924-4285

Bryan County Counseling
Center 924-0564

Grayson County Health
Department Administration and
Services
903-893-0131 or 903-465-2878
Alliance Health
Durant 924-3080

Texas Substance Abuse
Council 903-892-9911

Texoma Medical
Center 903-416-4000

Non-Campus Hotlines

Non-Campus Hotlines

Substance Abuse and Mental Health Services Administrations National Help Line (SAMHSA)
1-800-662-HELP, Monday-Friday, 8:30 a.m.-4:30 p.m.

Reach-Out Hotline, 1-800-522-9054 (alcohol, drug crisis intervention, mental health, and referral)

Southeastern Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, sexual orientation, gender identity, or status as a veteran in any of its policies, practices or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

APPENDIX C

Resident Student Handbook (Relevant Sections)

Section VI of the Resident Student Handbook (Policies A to Z) contains the following policies related to alcohol, other drugs, and controlled substances.

VI. – b. Alcohol: The consumption or possession of all alcoholic beverages on campus, in university housing, or at any on or off - campus event sponsored by or for a student organization or other university sponsored activity for students, is forbidden. (The university is authorized to develop and implement a policy regulating consumption of alcohol at officially sponsored events). All Residence Halls are maintained as alcohol free environments. No alcohol or alcohol containers (even empty or those deemed to be “decorative”) are permitted within the halls for any reason. Students are expected to comply with laws of the state of Oklahoma and the policies of the University regarding the use or possession of alcoholic beverages and other drugs.

VI. – k. Controlled Substances: The use, possession, or distribution of narcotics or other controlled substances except as expressly, permitted by law, and the inappropriate use or abuse of prescriptions or over-the-counter medications is forbidden.

VI. – m. Drugs – See “controlled substances”

Appendix D

Athletic Drug Testing Program (in full)

APPENDIX E

Sodexo Employee Handbook (Relevant Sections)

Drug and Alcohol Free Environment: We are committed to creating a safe workplace free from drugs and alcohol. In addition, the Company will vigorously comply with all applicable laws, including but not limited to, the Drug-Free Workplace Act of 1988. The unlawful manufacture, distribution, dispensation, sale or attempted sale, purchase, use, consumption or possession of alcohol, unauthorized controlled substances, inhalants or illegal drugs, or drug paraphernalia of any kind, is prohibited while you are on work time or on Company/client premises.

Being under the influence of an unauthorized controlled substance, illegal drug, inhalant, or alcohol on Company/client premises, in Company/client-supplied vehicles, or during work hours is prohibited. This rule also prohibits consumption of alcohol at the end of a client catering event or on Company/client premises at the end of a workday. The sole exception to this policy is for alcohol use for employees who are guests at Company/client sponsored events, and in those instances, conduct must remain professional. If a doctor prescribes you a drug, you should ask your doctor whether use of that drug will affect your ability to work safely and effectively. If you are told by your doctor that a prescribed drug may adversely affect your ability to perform your job safely, efficiently, and effectively, you should inform your manager or Sodexo Human Resources representative of the situation so accommodations can be made, if appropriate.

Drug and Alcohol Testing Policy

Sodexo reserves the right to require all employees be free of alcohol, unauthorized controlled substances, and illegal drugs. At present, pre-employment testing is conducted based on a client's request and/or legal requirements. In those cases, any offer of employment is conditional upon the results of a drug test showing the person is free of unauthorized controlled substances or illegal drugs. Any candidate who fails to pass the pre-employment drug test will be rejected and will not be eligible for consideration for 12 months. In addition, where permitted by law, Sodexo reserves the right to require drug and/or alcohol testing of any current employee, and to implement constructive counseling, up to and including termination of employment, for any employee who refuses to submit to a test or who tests positive for drug or alcohol use. Before engaging in any constructive counseling, Sodexo will give an employee who tests positive the opportunity to explain the results. Drug and/or alcohol testing may only be conducted with the approval of a Sodexo Human Resources manager.

APPENDIX F

Biennial Review Policy and Procedure

To comply with regulations, Southeastern must conduct a biennial review of its DAAPP in order to determine effectiveness and consistency of sanction enforcement, and in order to identify any necessary changes and/or improvements. A copy of the biennial review report shall be communicated to the U.S. Department of Education or its representative upon request. The Chief Student Affairs Officer shall assemble a committee of appropriate personnel and/or stakeholders to produce the biennial review report in a timely manner, or shall designate an individual to do so. This committee shall meet throughout June of each year and plan to produce a report by August 1 of each odd numbered year.

- The biennial review shall include:
 - An inventory and description of applicable drug and alcohol policies, programming, metrics associated with various programming models used, and student conduct metrics applicable to the two-year period.
 - A summary of policy and program areas that need improvement, and explanations of policy and programs that should remain unchanged.
 - A copy of the two most recent mandatory annual notifications. ○ A review of the distribution of the mandatory annual notifications and whether the distribution was successful.
 - Recommendations for revision of DAAPP policy or the language of the annual notification.
 - Discussion of sanctions and the consistency of sanctioning procedure and outcomes.
 - A summary of any available student or staff self-reporting on drug and alcohol usage and abuse.
 - AHCA data.

Calendar of the Biennial Review procedure:

- June 1 (of each year): Chief Student Affairs Officer requests to various campus offices for information about their portion of the DAAPP, including statistical data. The review committee shall be assembled and begin evaluating this information in regularly scheduled meetings.
- July 15 (odd numbered years): Production of the Biennial Review Report, complete with recommendations of improvements to the DAAPP.
- August 1: (odd numbered years): The Biennial Review Report shall be made available to all members of the campus community and the Federal Department of Education.