

**DRUG FREE SCHOOLS AND COMMUNITIES ACT**

**NOTIFICATION**

**Dear Southeastern Students, Faculty, Staff, and Community,**

The Drug-Free Schools and Communities Act Amendments of 1989 require that the University must advise faculty, staff and students of relevant laws pertaining to the illicit manufacture, possession, distribution, and usage of drugs and alcohol. This disclosure is to notify you of penalties for violations of Oklahoma and Federal statutes, the health risks associated with the usage of controlled substances, and the student conduct penalties associated with the manufacture, possession, distribution, and usage of controlled substances.

# **Standards of Conduct and Institutional Sanctions**

**Student Conduct:**

In accordance with the Student Handbook and Code of Conduct, the use, possession, manufacturing, distribution, and/or being under the influence of alcoholic beverages and/or low point beer, as defined by Oklahoma Law, on the campus or at any on-campus activity sponsored by or for a student organization or any other university sponsored activity for students is not permitted. The use, possession, manufacturing, distribution and/or being under the influence of controlled dangerous substances, or controlled substances as defined by Oklahoma law, except as expressly permitted by law and/or University policy is not permitted. The inappropriate use, misuse, or abuse of prescription or over-the counter medications is forbidden.

**Student Sanctions:**

The violation of this student policy can result in reprimand, conduct probation, removal from residence halls, mandatory treatment or rehabilitation at the student’s own expense, and can result in sanctions up to and including suspension or expulsion from the university.

**Faculty Conduct:**

In accordance with the Academic Policies and Procedures Manual, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers‘ safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

**Faculty Sanctions:**

Such conditions will be proper cause for disciplinary action including employment probation, mandatory treatment or rehabilitation at the employees own expense, and up to and including termination of employment.

**Staff Conduct:**

In accordance with the Administrative, Professional, and Support Staff Handbook, the illegal use, sale, or possession of alcohol, narcotics, drugs, or controlled substances while on university property or during any university activity is prohibited. Employees who are under the influence of alcohol or drugs, or who possess or consume alcohol or drugs on the job, have the potential for interfering with their own, as well as their co-workers’ safe and efficient job performance. Any university employee who is convicted of any federal or state criminal drug statute for drug related misconduct in the workplace must report the conviction within five (5) days thereafter to the Human Resources office.

**Staff Sanctions:**

Any illegal activity or substances will be reported to the appropriate law enforcement agency and may result in criminal prosecution. Violation of conduct standards are cause for disciplinary action up to and including termination of employment. University officials reserve the right to require drug testing when there is reasonable cause to believe that an employee is under the influence of drugs.

**Medical Marijuana Statement:**

In June 2018 , State Question 788 became law in Oklahoma. This state question was an initiative to legalize medical marijuana. Despite the passage of State Question 788, the use, possession, sale, or distribution of marijuana (including medical marijuana, edibles, and products containing marijuana) on any university owned or controlled property or at any university event remains illegal pursuant to the Controlled Substances Act, the Drug Free Schools and Communities Act, and the Drug Free Workplace Act and against Regional University System of Oklahoma (RUSO) policy. You may not bring marijuana on any university property or to any university event, smoke or consume marijuana or any product containing marijuana on any university property or at any university event, and you may not come to class or work under the influence of any illegal substance including marijuana.

Even though medical marijuana is now legal under Oklahoma law, it remains illegal under federal law. As a recipient of federal funding, Southeastern Oklahoma State University must abide by federal law which prohibits the unlawful manufacture, distribution, possession, and use of illegal drugs including medical marijuana.

Regardless of having a license for medical marijuana, its use on campus or at university events is strictly prohibited and violation of RUSO policy regarding controlled substances such as marijuana may result in disciplinary action.

# **Relevant State and Federal Laws**

Students, faculty, and staff who violate Southeastern’s drug and alcohol policies are simultaneously subject to criminal sanctions provided by federal, state, and local law. This is a summary of those legal sanctions:

**FEDERAL LAWS:**

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| **Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana)**  |
| **Schedule**  | **Substance/Quantity**  | **Penalty**  | **Substance/Quantity**  | **Penalty**  |
| II  | Cocaine 500-4999 grams mixture  | **First Offense:**Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than $5 million if an individual, $25 million if not an individual. **Second** **Offense:** Not less than 10 yrs. and not  | Cocaine 5 kilograms or more mixture  | **First** **Offense:**Not less than 10 yrs. and not more than life. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than $10 million if an individual, $50 million if not an individual.  |
| II  | Cocaine Base 28-279 grams mixture  | Cocaine Base 280 grams or more mixture  |
| IV  | Fentanyl 40-399 grams mixture  | Fentanyl 400 grams or more mixture  |
| I  | Fentanyl Analogue 10-99 grams mixture  | Fentanyl Analogue 100 grams or more mixture  |
| I  | Heroin 100-999 grams mixture  | Heroin 1 kilogram or more mixture  |

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| I  | LSD 1-9 grams mixture  | more than life. If death or serious bodily injury, life imprisonment. Fine of not more than $8 million if an individual, $50 million if not an individual.  | LSD 10 grams or more mixture  | **Second** **Offense:** Not less than 15 yrs, and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than $20 million if an individual, $75 million if not an individual. **2 or More Prior Offenses:** Not less than 25 yrs. Fine of not more than $20 million if an individual, $75 million if not an individual.  |
| II  | Methamphetamine 5-49 grams pure or 50-499 grams mixture  | Methamphetamine 50 grams or more pure or 500 grams or more mixture  |
| II  | PCP 10-99 grams pure or 100-999 grams mixture  | PCP 100 grams or more pure or 1 kilogram or more mixture  |
|   |
| **Substance/Quantity**  | **Penalty**  |
| Any Amount Of Other Schedule I & II Substances  | **First Offense**: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than Life. Fine $1 million if an individual, $5 million if not an individual. **Second Offense:** Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine $2 million if an individual, $10 million if not an individual.  |
| Any Drug Product Containing Gamma Hydroxybutyric Acid  |
| Flunitrazepam (Schedule IV) 1 Gram  |
| Any Amount Of Other Schedule III Drugs  | **First Offense**: Not more than 10 yrs. If death or serious bodily injury, not more than 15 yrs. Fine not more than $500,000 if an individual, $2.5 million if not an individual. **Second Offense**: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than $1 million if an individual, $5 million if not an individual.  |
| Any Amount Of All Other Schedule IV Drugs (other than one gram or more of Flunitrazepam)  | **First Offense**: Not more than 5 yrs. Fine not more than $250,000 if an individual, $1 million if not an individual. **Second Offense:** Not more than 10 yrs. Fine not more than $500,000 if an individual, $2 million if other than an individual.  |
| Any Amount Of All Schedule V Drugs  | **First Offense:** Not more than 1 yr. Fine not more than $100,000 if an individual, $250,000 if not an individual.  |

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|  | **Second Offense**: Not more than 4 yrs. Fine not more than $200,000 if an individual, $500,000 if not an individual.  |

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| **Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil, Schedule I** **Substances**  |
| Marijuana 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants  | **First Offense:** Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than $10 million if an individual, $50 million if other than an individual. **Second Offense:** Not less than 15 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than $20 million if an individual, $75 million if other than an individual.  |
| Marijuana 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants  | **First Offense:** Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than $5 million if an individual, $25 million if other than an individual. **Second Offense:** Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than $8 million if an individual, $50million if other than an individual.  |
| Marijuana 50 to 99 kilograms marijuana mixture, 50 to 99 marijuana plants  | **First Offense:** Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine $1 million if an individual, $5 million if other than an individual. **Second Offense:** Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine $2 million if an individual, $10 million if other than an individual.  |
| Hashish More than 10 kilograms  |
| Hashish Oil More than 1 kilogram  |
| Marijuana less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants  | **First Offense:** Not more than 5 yrs. Fine not more than $250,000, $1 million if other than an individual. **Second Offense:** Not more than 10 yrs. Fine $500,000 if an individual, $2 million if other than individual.  |
| Hashish 10 kilograms or less  |
| Hashish Oil 1 kilogram or less  |

The Federal statute encompassing the information in the above table is 21 USCA sec. 841. For a detailed and comprehensive overview of all Federal drug laws written by the Congressional Research Service, visit: [https://www.fas.org/sgp/crs/misc/RL30722.pdf](http://www.fas.org/sgp/crs/misc/RL30722.pdf) **OKLAHOMA LAWS:**

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| **Legal Authority**  | **Crime**  | **Sanction Authority**  | **Sanctions**  |
| Title 37A O.S. §6-101(A)(1)  | Knowingly sell, deliver, or furnish alcoholic beverages to any person under 21 years of age  | 37A O.S. §6- 120  | 1st offense: Misdemeanor (I\1). Up to $500 fine and/or up to 1year imprisonment; 2nd offense: (F) fine between $2,500 -$5,000 and/or up to 5 years in state penitentiary  |
| Title 37A O.S. § 6-101(A)(8)  | Consumption of spirits in public places and public intoxication by any person.  | 37A O.S § 6- 125(A)  | (M) Up to $500 fine and/or imprisonment up to 6 months  |
| Title 10A O.S. § 2-8-222  | Intoxicating Beverages - Possession by Person Under Age 21 - Unlawful  | 10A O.S. § 2- 8-223  | (M) Up to $100 fine and/or up to 30 days imprisonment  |
| Title 37A O.S.§6- 101(A)(7)  | Knowingly transporting in any vehicle any alcoholic beverage except in the original unopened container unless the container is in the rear or trunk compartment not accessible to the driver while the vehicle is in motion  | 37A O.S. § 6- 125(A)  | (M) Up to $500 fine and/or up to 6 months imprisonment  |
| Title 37A O.S.§6- 101(A)(13)  | Knowingly and willfully permitting anyone under 21 who is an invitee to the person's residence or property to possess alcoholic beverages or controlled dangerous substances or any combination.  | 37A O.S.§6- 101(B) and (C)  | 1st offense: (M). Up to $500 fine 2nd offense within 10 years of 1st offense: (M) Up to $1,000 fine 3rd offense within 10 years of 2 or more offenses: (F) Up to $2,500 and/or imprisonment up to 5 yrs. If actions cause great bodily harm or death, (F) not less than $2500 nor more than $5000, or not more than 5 years imprisonment, or both.  |
| Title 37A O.S. § 6-101(A)(9)  | Forcibly Resisting Arrest  | 37A O.S. § 6- 125(A)  | (M) Up to $500 fine and/or up to 6 months imprisonment  |
| Title 37A O.S. § 6-119(A)  | Person Under 21 Presenting False Identification  | 37A O.S. § 6- 119(A) and (B)  | (M) Up to $50 fine and license may be suspended for 1 year or until person is 21 years of age, whichever is longer.  |
| Title 37A O.S. § 6-125  | Violation of any provision of the Oklahoma Beverage Control Act  | 37A O.S. § 6- 125(A)  | (M) Up to $500 fine and/or up to 6 months imprisonment  |
| Title 47 O.S. § 11-902  | Persons Under the Influence of Alcohol or Other Intoxicating Substances or Combination Thereof  | 47 o.s. § 11- 902 (C) and (G)  | 1st Offense:(M) Up to $1000 fine and 10 days to 1 year imprisonment and an assessment.  |

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|   |   |   | 2nd Offense within 10 years of 1st: (F) Treatment and/or up to $2500 fine and/or 1-5 years imprisonment and assessment. If treatment does not include at least a 5 day residential or inpatient stay, person shall serve at least 5 days imprisonment. 3rd Offense after previous felony offense: (F) Treatment and/or up to $5000 fine and/or 1-10 years imprisonment, assessment, 240 hours of community services, and ignition interlock device. If treatment does not include at least a 10 day residential or inpatient stay, person shall serve atleast 10 days imprisonment. 4th Offense after two previous felonies under this section: Treatment, 1 year supervisions and periodic testing, 480 hours community service, ignition interlock device, 1-20 years imprisonment and/or up to $5000 fine. If treatment does not include at least 10 days residential or inpatient stay, person shall serve at least 10 days imprisonment.  |
| Title 47 O.S. § 11-902 D  | Driving Uoder Influence with a Blood or Breath Alcohol Concentration of fifteen- hundredths (0.15)  | Title 47 O.S. § 11-902 D  | Punishment under this Section includes the following range: Assessment and treatment, and/or up to $5000, and/or range of imprisonment no less than 10 days up to 20 years, 480 hours community service, at least 1 year of supervision, periodic testing, and ignition interlock device.  |
| Title 47 O.S. § 11-903  | Negligent Homicide  | 47 o.s. § 11- 903 (B)  | (M) $1000 fine and/or up to 1year imprisonment, plus revocation of driver's license or $2000 if records of traffic offense within 3 years prior to conviction under this Section  |
| Title 47 O.S. § 11-904A  | Person Involved in Personal Injury Accident While Under the  | 47 o.s. § 11- 904A (1-2)  | 1st Offense: (M) Up to $2500 fine and 90 days to 1 year imprisonment  |





# **Health Risks Associated with Alcohol and Other Drugs**

**Table**

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| SOURCE: DEA, *Drugs of Abuse*, 2011  | **Dependence**  |   |  |  |  |  |
| Drugs  | CSA Schedules  | Trade or Other Names  | Medical Uses  | Physical  | Psycho- logical  | Tolerance  | Duration (Hours)  | Usual Method  | Possible Effects  | Effects of Overdose  | Withdrawal Syndrome  |    |
| **Narcotics**  |   |   |   |   |   |   |   |   |   |   |   |
| Heroin  | Substance I  | Diamorphine, Horse,  | None in U.S.,  | High  | High  | Yes  | 3-4  | Injected,  | Euphoria,  | Slow and  | Watery eyes,  |
|   |   | Smack, Black  | Analgesic,  |   |   |   |   | snorted,  | drowsiness,  | shallow  | runny nose,  |  |
|   |   | tar,*Chiva*, *Negra (black*  | Antitussive  |   |   |   |   | smoked  | respiratory  | breathing,  | yawning, loss  |  |
|   |   | *tar)*  |   |   |   |   |   |   | depression,  | clammy skin,  | of appetite,  |  |
|    |    |    |    |    |    |    |    |    | constricted pupils, nausea   | convulsions, coma, possible death   | irritability, tremors, panic, cramps, nausea, chills and sweating  |  |
| Morphine  | Substance II  | MS-Contin, Roxanol, Oramorph SR, MSIR  | Analgesic  | High  | High  | Yes  | 3-12  | Oral, injected  |
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|  Hydrocodone  |  Substance  |  Hydrocodone w/  |  Analgesic,  |  High  |  High  |  Yes  |  3-6  |  Oral  |
|   | II, Product  | Acetaminophen, Vicodin,  | Antitussive  |   |   |   |   |   |   |   |   |  |
|    | III, V  | Vicoprofen, Tussionex, Lortab  |    |    |    |    |    |    |       |       |       |  |
| Hydro-morphone  | Substance  | Dilaudid   | Analgesic   | High   | High  | Yes  | 3-4  | Oral,  |
|   | II  |   |   |   | injected  |
| Oxycodone  | Substance  | Roxicet, Oxycodone w/  | Analgesic  | High  | High  | Yes  | 3-12  | Oral  |
|     | II    | Acetaminophen, OxyContin, Endocet, Percocet, Percodan  |     |     |     |     |     |     |           |           |           |  |
| Codeine  | Substance  | Acetaminophen, Guaifenesin or  | Analgesic, Antitussive  | Moderate   | Moderate  | Yes  | 3-4  | Oral,  |
|   | II, Products  |   |   |   | injected  |
|   | III, V  | Promethazine  |   |   |   |   |   |   |
|   |   | w/Codeine, Fiorinal,  |   |   |   |   |   |   |
|   |   | Fioricet or Tylenol  |    |   |   |   |   |   |
|   |   | w/Codeine  |   |   |   |   |   |
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| Other Narcotics  | Substance  | Fentanyl, Demerol,  | Analgesic,  | High-Low  | High-Low  | Yes  | Variable  | Oral,  |   |   |   |   |
|   | II, III, IV  | Methadone, Darvon,  | Antidiarrheal,  |   |   |   |   | injected,  |  |  |  |  |
|   |   | Stadol, Talwin, Paregoric,  | Antitussive  |   |   |   |   | snorted,  |  |  |  |  |
|   |   | Buprenex  |   |   |   |   |   | smoked  |  |  |  |  |
| **Depressants**  |   |   |   |   |   |   |   |   |   |   |   |
| *gamma*Hydroxybutyric  | Substance  | GHB, Liquid Ecstasy,  | None in U.S.,  | Moderate  | Moderate  | Yes  | 3-6  | Oral  | Slurred  | Shallow  | Anxiety,  |
| Acid  | I, Product  | Liquid X, Sodium  | Anesthetic  |   |   |   |   |   | speech,  | respiration,  | insomnia,  |  |
|   | III  | Oxybate, Xyrem®  |   |   |   |   |   |   | disorientation,  | clammy skin,  | tremors,  |  |
|    |    |    |    |    |    |    |    |    | drunken behavior without odor of alcohol, impaired memory of events, interacts with alcohol  | dilated pupils, weak and rapid pulse, coma, possible death   | delirium, convulsions, possible death   |  |
| Benzodiazepines  | Substance IV  | Valium, Xanax, Halcion, Ativan, Restoril, Rohypnol (Roofies, R-2), Klonopin  | Antianxiety, Sedative, Anti- convulsant, Hypnotic, Muscle Relaxant  | Moderate  | Moderate  | Yes  | 1-8  | Oral, injected  |
|  Other Depressants  |  Substance  |  Ambien, Sonata,  |  Antianxiety,  |  Moderate  |  Moderate  |  Yes  |  2-6  |  Oral  |
|   | I, II, III, IV  | Meprobamate, Chloral  | Sedative,  |   |   |   |   |   |   |   |   |  |
|     |     | Hydrate, Barbiturates, Methaqualone (Quaalude)  | Hypnotic    |     |     |     |     |     |     |     |     |  |
| **Stimulants**  |   |   |   |   |   |   |   |   |   |   |   |
| Cocaine  | Substance  | Coke, Flake, Snow,  | Local  | Possible  | High  | Yes  | 1-2  | Snorted,  | Increased  | Agitation,  | Apathy, long  |
|   | II  | Crack,*Coca, Blanca,*  | anesthetic  |   |   |   |   | smoked,  | alertness,  | increased  | periods of  |  |
|   |   | *Perico, Nieve*, Soda  |   |   |   |   |   | injected  | excitation,  | body  | sleep,  |  |
|    |    |    |    |    |    |    |    |    | euphoria, increased pulse rate & blood pressure, insomnia, loss of appetite   | temperature, hallucinations, convulsions, possible death   | irritability, depression, disorientation   |  |
| Amphetamine/ Meth-amphetamine  | Substance II  | Crank, Ice, Cristal, Krystal Meth, Speed, Adderall, Dexedrine, Desoxyn  | Attention deficit/ hyperactivity disorder, narcolepsy, weight control  | Possible  | High  | Yes  | 2-4  | Oral, injected, smoked  |
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| Methylphenidate  | Substance  | Ritalin (Illy's), Concerta,  | Attention  | Possible  | High  | Yes  | 2-4  | Oral,  |
|   | II  | Focalin, Metadate  | deficit/  |   |   |   |   | injected,  |   |   |   |  |
|   |   |   | hyperactivity  |   |   |   |   | snorted,  |   |   |   |  |
|   |   |   | disorder  |   |   |   |   | smoked  |   |   |   |  |

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| Other Stimulants  | Substance  | Adipex P, Ionamin, Prelu- 2, Didrex, Provigil  | Vaso-  | Possible  | Moderate  | Yes  | 2-4  | Oral  |   |   |   |   |
|   | III, IV  | constriction  |   |   |   |   |   |
|  |  |
| **Hallucinogens**  |   |   |   |   |   |   |   |   |   |   |   |
| MDMA and Analogs  | Substance I  | (Ecstasy, XTC, Adam),  | None  | None  | Moderate  | Yes  | 4-6  | Oral,  | Heightened  | Increased  | Muscle aches,  |
|   |   | MDA (Love Drug), MDEA  |   |   |   |   |   | snorted,  | senses, teeth  | body  | drowsiness,  |  |
|   |   | (Eve), MBDB  |   |   |   |   |   | smoked  | grinding and  | temperature,  | depression,  |  |
|     |     |     |     |     |     |     |     |     | dehydration    | electrolyte imbalance, cardiac arrest  | acne    |  |
| LSD  | Substance I  | Acid, Microdot, Sunshine, Boomers   | None  | None  | Unknown  | Yes  | 8-12  | Oral  | Illusions and hallucinations, altered perception of time and  | (LSD) Longer, more intense "trip" episodes   | None      |
|   |   |   |   |   |   |   |   |
|   |   |     |   |   |   |   |   |
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|   |   |   |   |   |   |   |   |   |   |   |
| Phencyclidine and  | Substance  | PCP, Angel Dust, Hog,  | Anesthetic  | Possible  | High  | Yes  | 1-12  | Smoked,  | distance  | Unable to  | Drug seeking  |  |
| Analogs  | I, II, III  | Loveboat, Ketamine  | (Ketamine)  |   |   |   |   | oral,  |   | direct  | behavior  |  |
|   |   | (Special K), PCE, PCPy,  |   |   |   |   |   | injected,  |   | movement,  | \*Not  |  |
|     |     | TCP    |     |     |     |     |     | snorted    |         | feel pain, or remember       | regulated        |  |
| Other Hallucinogens  | Substance I  | Psilocybe mushrooms,  | None  |  |  |  |  |  |
| None  | None  | Possible  | 4-8  | Oral  |
|   |   | Mescaline, Peyote  |   |    |   |   |   |   |
|   |   | Cactus, Ayahausca, DMT,  |   |   |   |   |   |
|   |   | Dextro-methorphan\* (DXM)  |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
| **Cannabis**  |   |   |   |   |   |   |   |   |   |   |   |
| Marijuana  | Substance I  | Pot, Grass, Sinsemilla,  | None  | Unknown  | Moderate  | Yes  | 2-4  | Smoked,  | Euphoria,  | Fatigue,  | Occasional  |
|   |   | Blunts, *Mota*,*Yerba*, *Grifa*  |   |   |   |   |   | oral  | relaxed  | paranoia,  | reports of  |  |
|    |    |    |    |    |    |    |    |    | inhibitions, increased appetite, disorientation   | possible psychosis   | insomnia, hyperactivity, decreased appetite   |  |
| Tetrahydro-cannabinol  | Substance I, Product III  | THC, Marinol  | Antinauseant, Appetite stimulant  | Yes  | Moderate  | Yes  | 2-4  | Smoked, oral  |
|  |
| Hashish and Hashish  | Substance I  | Hash, Hash oil  | None  | Unknown  | Moderate  | Yes  | 2-4  | Smoked,  |
| Oil  |   |   |   |   |   |   |   | oral  |   |   |   |  |
| **Anabolic Steroids**  |   |   |   |   |   |   |   |   |   |   |   |
| Testosterone  | Substance  | Depo Testosterone,  | Hypogonadism  | Unknown  | Unknown  | Unknown  | 14-28  | Injected  | Virilization,  | Unknown  | Possible  |   |
|     | III    | Sustanon, Sten, Cypt    |     |     |     |     | days    |     | edema, testicular atrophy, gyneco- mastia, acne, aggressive behavior  |     | depression    |  |
| Other Anabolic Steroids  | Substance III  | Parabolan, Winstrol, Equipose, Anadrol, Dianabol, Primabolin- Depo, D-Ball  | Anemia, Breast cancer  | Unknown  | Yes  | Unknown  | Variable  | Oral, injected  |
| **Inhalants**  |   |   |   |   |   |   |   |   |   |   |   |
| Amyl and Butyl Nitrite  |   | Pearls, Poppers, Rush,  | Angina (Amyl)  | Unknown  | Unknown  | No  | 1  | Inhaled  | Flushing,  | Methemo-  | Agitation  |
|    |  | Locker Room   |    |    |    |    |    |    | hypotension, headache  | globinemia   |    |  |
| Nitrous Oxide  |   | Laughing gas, balloons, Whippets   | Anesthetic  | Unknown    | Low  | No  | 0.5  | Inhaled  | Impaired memory, slurred speech, drunken behavior, slow onset vitamin deficiency,  | Vomiting, respiratory depression, loss of consciousness, possible death   | Trembling, anxiety, insomnia, vitamin deficiency, confusion, hallucinations, convulsions  |
|    |    |    |    |    |    |
|  |  |  |  |  |  |  |  |  |
|  Other Inhalants   |   |  Adhesives, spray paint, hair spray, dry cleaning fluid, spot remover, lighter fluid   |  None   |  Unknown   |  High   |  No   |  0.5-2   |  Inhaled   |
|  |   |  |  |  |  |  |  |  |
| **Alcohol**  |  | Beer, wine, liquor  | None  | High  | High  | Yes  | 1-3  | Oral  | organ damage  |   |   |  |

# **Programs Available to Students Faculty and Staff**

Campus Educational Programming Components

**Camp SE** is an orientation camp that is held every summer before the fall semester begins. Alcohol and drug abuse and prevention education will be provided during this orientation session.

**Campus Well** is an online campus magazine to which Southeastern subscribes that addresses a multitude of health-related issues including drug and alcohol informational articles. This publication may be accessed by going to [https://se.campuswell.com a](http://readsh101.com/se.html)nd is delivered to student email inboxes monthly.

**Classroom Instruction**: Instructors will be encouraged to include drug and alcohol abuse prevention education in their curriculum.

**Customized educational outreach** is offered throughout the year as requested through classrooms and other campus outreach initiatives, and periodically as part of health outreach programming. Additional outreach is provided through ongoing programming in Housing and Residence Life, The Office for Student Life, and Student Wellness Services.

**National College Health Assessment** is completed every other year to assess many health and wellness issues that affect our students. This instrument allows us to see what educational gaps and individual needs need to be addressed.

**Springapalooza** is an event that happens the week before spring break every year in the Atrium of the Student Union during the hours the cafeteria is serving dinner. During this time, students are educated on safety tips for various circumstances that could possibly leave them vulnerable to assault.

**The SOS Grant** is a substance use and suicide prevention initiative that offers free resources to students, faculty, and staff. The SOS Grant Coalition exists for those wishing to take a more active role in substance misuse prevention efforts on our campus. The program develops programming on campus to provide education materials, mental health and substance use support resources, and supplies that promote safe prescription medication use such as lockboxes and disposal pouches. Efforts have extended to include harm reduction support~~s~~ with education, Narcan and Fentanyl test strip distribution. To learn more, you can visit [https://www.se.edu/student-wellness/sos-grant/.](https://www.se.edu/student-wellness/sos-grant/)

**TimelyCare** will provide self-care and coaching on substance-free living, along with other healthy coping supports, to all students.

**Vector Solutions** is an online educational program to address the unique challenges and responsibilities of college life for students surrounding alcohol and drugs. It also has an educational platform available to educate faculty and staff around substance use. Currently the program is utilized for sanctions related to drugs and alcohol. All instructors are made aware that the material may be utilized in their classes. The program is at no individual cost to the campus community.

Campus Support Programs

Southeastern Oklahoma State University **Counseling Center**

<https://www.se.edu/student-wellness/counseling-center/>

Glen D Johnson Student Union, Suite 229

580-745-2988

The Counseling Centerprovides counseling services to **students** struggling with alcohol and drug related matters, and is capable of referral services to any faculty, full-time, and part-time staff that are struggling with alcohol and drug related matters that fall within the clinicians’ scope or practice.

Southeastern Oklahoma State University **Employee Assistance Program** (EAP)

Provided through Standard Insurance Company: www.healthadvocate.com/standard3

888-293-6948

The university EAP is provided to **all full-time** **faculty and staff** to assist with a multitude of concerns, including addiction resources and support.

Southeastern Oklahoma State University **Student Health Services**

<https://www.se.edu/student-wellness/student-health-services/>

Glen D Johnson Student Union, Suite 229

 580-745-2988

The Student Health Services provide limited clinical services and a wealth of resources for **students** managing addiction.  Schedule a time with our providers to explore support options.

TimelyCare is a free, web-based medical and counseling telemedicine service provided through the Oklahoma State Regents for Higher Education to assist students with their personal counseling and medical needs remotely.  Limited services may be provided to assist students with their chemical dependency concerns.

Community Support Programs

Alliance Health Durant

1800 University Blvd. Durant, OK 74701

580-924-3080

Alliance Health Hospital provides emergency substance misuse stabilization services only.

Lighthouse Behavioral Wellness Center
Locations in 9 communities in Oklahoma

Crisis Hotline Support 24/7 @1-800-522-1090

Outpatient Assistance 1-580-319-7305

lighthouseok.com

Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS)

[Substance Use R](https://okimready.org/)esource

okimready.org

Substance Abuse and Mental Health Services Administration

 [findtreatment.gov](https://findtreatment.gov/)

Texoma Medical Center (TMC)

5016 US-75 Denison, TX 75020

903-416-4000

Texoma Medical Center provides emergency substance misuse stabilization services at this location.

TMC Behavioral Health Center

2601 Cornerstone Drive Sherman, TX 75092

903-416-3000

TMC provides inpatient substance misuse detox if an underlying mental health diagnosis also exists.

Non-Campus Hotlines

Lighthouse Behavioral Wellness Crisis 24/7 Hotline

1-800-522-1090

988 Suicide & Crisis Lifeline

Call or text 988, or visit [988lifeline.org](https://988lifeline.org/)

Oklahoma Reach-Out Hotline (alcohol, drug crisis intervention, mental health, and referral)

1-800-522-9054

Substance Abuse and Mental Health Services Administrations National Help Line (SAMHSA)

Monday-Friday, 8:30 a.m.- 4:30 p.m.

1-800-662-HELP

*Southeastern Oklahoma State University, in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246, as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, religion, national origin, sex, age, disability, sexual orientation, gender identity, or status as a veteran in any of its policies, practices or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.*