

Emalea Del Hudgens-Toews
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Educational Background

2022 Current doctoral student of Clinical Psychology: Forensics Specialization at Walden University

2019 Graduate of the University of Oklahoma: Masters in Human Relations in Clinical Mental Health Counseling 4.0 g.p.a.

2016 Graduate of Southeastern Oklahoma State University: Bachelor's Degree in Psychology and Music 3.5 g.p.a.

Graduate of Jay High School; Jay, OK

Academic Positions

Fall 2022- Current

Faculty Instructor for Psychology for Southeastern Oklahoma State University

January 2021-Fall 2022

Program Chair/Faculty Instructor for Behavioral Sciences for Murray State College

January 2020-May 2021

Southeastern Oklahoma State University, Adjunct Teacher for PSY 1113

August 2019-January 2020

Southeastern Oklahoma State University, Adjunct Teacher for ORIE

1002 April 2019-January 2020

Southeastern Oklahoma State University, Academic Counselor/Tutor Coordinator for the Student Support Services

October 2018-April 2019

Southeastern Oklahoma State University, Counselor for the Student Support Services

October 2017-October 2018

Southeastern Oklahoma State University, Guidance Specialist for the Educational Opportunity Center

Featured Courses

Introduction to Psychology

Psychology of Adjustment

Introduction to Counseling

Developmental Psychology

Social Psychology

Psychology of Personality

Senior Seminar

Awards/Accomplishments

2023: Nominee for Excellence in Teaching at Southeastern Oklahoma State University

2020: Nominee for Adjunct of the Year at Southeastern Oklahoma State University

Spring 2019: EMDR Therapist Training Scholarship Recipient
Fall 2014-Fall 2016: O.J. Christine Harvey Scholarship recipient
Fall 2014-Fall 2016: Reba Mcentire Scholarship Recipient
Fall 2014-Spring 2015: Brad Henry International Scholar-Chosen to represent Southeastern Oklahoma State University in Swansea, Wales, UK for the State of Oklahoma. Fall 2013: Southeastern Idol
Fall 2013: Top Ten Percent of 2012 Incoming Freshman Class
Summer 2013: President's Honor Roll
Fall 2012, 2013: Dean's Honor Roll
Fall 2012-Fall 2016: Music Scholarship recipient for the Southeastern Chorale Fall 2012: Southeastern Chorale International Touring Ensemble selected to tour in Europe

Memberships/Community Involvement & Service

Fall 2021- WoodMen Life Fraternity-Durant Chapter
Spring 2020- Organizer for Feed Durant hosted by Asian Gourmet
Spring 2020- Current: Tri Sigma Red River Alumnae Chapter
Fall 2019-Current: Durant Young Professionals
Spring 2018-Current: American Psychological Association
Fall 2018-Spring 2019: Participant in Leadership Durant
Spring 2018-Present: Oklahoma Division of Student Assistance
Fall 2018-Present: Southwestern Association of Student Assistance Programs
Fall 2017-Present: Southeastern Staff Association
Spring 2017: Monitor classrooms and children at the Boys and Girls Club in Durant, OK
Spring 2017-Present: Assist with Imagine Durant at their fundraising events for the city of Durant.
Spring 2017: Assisted with creating/building walking Labyrinth for reflection at Southeastern Oklahoma State University.
Fall 2012-December 2016: SEOSU Chorale
Fall 2012-December 2016: Symphonic Choir at SE
Fall 2013-Spring 2014: SEOSU Chorvettes Stageworks Company
Fall 2013-Spring 2015: SEOSU Sparks Dance Team
Fall 2012-December 2016: Sigma, Sigma, Sigma (National Sorority)
Fall 2012: Created music room for the local Boys and Girls Club
Fall 2012-December 2016: Assisted at local food bank (Families Feeding Families)
Fall 2012-December 2020: MLK Service Day

Certifications, Training, & Professional Development

Current: Licensed Professional Counselor Candidate
Spring 2021: Quality Matters Certified
Fall 2020: MBTI Facilitator Certification
Fall 2020: Certification for Forensic Mental Health Evaluator (CFMHE) Training
Fall 2020: Certification for Personality Disorder Treatment & Management

Spring 2020: E-Training for Respondus, BlackBoard, and Zoom
Spring 2020: LivingWorks Start for Suicide Assessment
Spring 2020- Present: Licensed Professional Counselor-Candidate
Fall 2019: Guest Presenter at Southeastern Oklahoma State University over “Trauma on the Brain”
Summer 2019: Southeastern New Student Orientation & Workshops-Guest Presenter: “Positive Psychology for a Positive Year”
Spring 2019: Psychology of Adjustment Guest Presenter: “Adulting 101: What you’re prepared for and what you’re not prepared for when you graduate”
Spring 2019: EMDR Grief Workshop
Spring 2019: EMDR Therapist Training
Spring 2018: Certified True Colors Intl. Facilitator
Spring 2018: NextGen Oklahoma Leaders Workshop
Fall 2017-Summer 2018: Kiamichi Technology Center- Guest Presenter on Career Counseling & Personality Assessments
Spring 2017: Substance Abuse Training for the Oklahoma Department of Human Services
Spring 2017: “SafeTown” Domestic Violence Prevention Training for the Oklahoma Department of Human Services
Spring 2017: “Building Bridges Out of Poverty” Training for the Oklahoma Department of Human Services
Spring 2017: Guest Presenter for the Dr. Wayne A. Dixon Honorary Scholarship Workshop: “Implementing Music into Self-Care”